

6TH-12TH GRADE IMPLEMENTATION GUIDE

Day-by-Day Instructional Reference

6th	7th	8th	9th	10th	11th	12th
Awareness			Exploration		Preparation	Placement

How to Use This Guide

This Implementation Guide is organized as a four-stage progression aligned to Pathful's Awareness → Exploration → Preparation → Placement framework. Each year builds directly on the last, with increasing depth and independence; however, it can be used as a reference for resources to the phases of career development noted on the first page of each grade level. The phases are color code as noted in the bar above.

Sessions with a Key Icon (🔑) identify the highest-priority content for educators implementing Pathful on a modified or reduced schedule — such as 2–3 times per week, once per week, or in a single-semester sprint. Sessions fall into four categories: **Assessments** (foundational data that personalizes the student experience); **Individual Learning Plan touchpoints** (Goal Setting, Career Plan, Postsecondary Planning, and Experience Tracker); **WBL Sessions and Industry-Led Projects** (real-world professional exposure); and the first FlexLesson in each module (establishes the core concept). Educators with limited time should protect these sessions first.

RESOURCES NOTE

Appendix A contains additional resource templates, noted through the guide. Appendix B of this guide includes models for traditional lessons with suggested talking points. Within the guide external activities, noted in *italics*, are not completed in the Pathful dashboard. Students are encouraged to keep a personal notebook as a development tool for written activities.

WBL NOTE

All Live WBL Sessions must be requested at least 3 weeks in advance using the Pathful platform. At the start of each grade, note which modules contain WBL sessions and make a note to request them three weeks in advance. Reminders appear 10–15 lessons before each WBL session.

Pathful CRD Platform | Feature Reference Guide

Multiple features are available within the platform. Use the key and feature descriptions below as a reference for daily implementation lessons.

Assessment Various Assessments	FlexLesson Assignable Lessons	VJS Career Profile Video	Employability Employability Video
WBL WBL Live Session	Activity External Activity	Career Search Search a Career Profile	Goal Setting Goal Setting Tool

Feature	Description
Assessment	Pre-built and customizable tools that measure student career readiness, knowledge, skills, and growth over time.
FlexLesson	Digital lessons covering Career Readiness and Development topics; designed for flexible delivery across grade levels 6–12.
VJS	Virtual Job Shadow video library featuring real professionals across hundreds of careers, giving students an inside look at workplace environments and daily tasks.
Employability	Skill-building videos and content focused on foundational workplace competencies such as communication, teamwork, professionalism, and problem solving.
WBL	Work-Based Learning tools that connect classroom instruction to real-world career experiences, supporting the full WBL continuum from awareness to immersive.
Activity	Supplemental structured, interactive tasks and exercises designed to expand upon platform-based content.
Career Search	Searchable career profiles and exploration resources that provide students with detailed information on occupations, industries, and education pathways.
Industry-Led Project	Authentic, employer-developed project-based learning experiences (ILPs) in which students complete real-world tasks aligned to specific career pathways and industries.
Goal Setting	Student-facing tools that guide learners in identifying, recording, and tracking personal and academic goals connected to their career readiness journey.

School Search

School Profiles allows students to search and filter thousands of colleges, universities, and trade schools using criteria such as location, school type, degree type, test scores, HBCU status, and tuition range. Each profile includes detailed admissions data, enrollment figures, tuition costs, student-to-faculty ratios, and available majors.

How to Assign & Guide Students to Content

Use these instructions to locate, assign, and direct students to Pathful resources. Each section identifies the resource, the steps to set it up or assign it as an educator, and how to direct students to access it on their end.

Resource	How to Assign / Set Up	How to Guide Students	Educator Tips
Employability Videos			
Employability Videos	No formal assignment required; share specific video titles from the implementation guide.	- Navigate to the Employability tab and select Videos. - Use topic filters to locate the content title you have shared. - Videos feature insights from professionals on developing and demonstrating employability skills.	<i>Preview videos in advance to match topics to your lesson objectives.</i>
FlexLesson Assignments			
FlexLesson Assignments	- Go to the Manage Assignments tab from your Dashboard. - Select Create a New Assignment. - Search for the lesson title using the Resource column in the implementation guide. - Choose to Preview the lesson or Assign it directly.	- Students access assigned lessons through their student dashboard. - Lessons provide practical ways to enhance employability skills and explore careers.	<i>Use the implementation guide's Resource column to find exact lesson titles quickly.</i>
Career & College Search			
Career Profiles (Virtual Job Shadow) Via Interest Assessment	No assignment required; students access careers linked to their own interest assessment results.	- Go to the My Tracker tab and select Assessment Progress. - Choose the Career Cluster Interest assessment and select See Results. - Option 1: Choose recommended careers shown at the bottom of assessment results. - Option 2: Select Explore Careers under any top career cluster. Encourage students to explore one cluster at a time.	<i>Guide students to explore one cluster at a time to avoid overwhelm.</i>

**Career Search
Via Career Tab**

No assignment required.

- Select Career Profiles from the Career tab.
- Use the search window with keywords, or use the filters in the left margin to browse careers.

*Keyword search
and cluster filters
together give
students the
broadest
discovery options.*

Educator Resource Navigation Guide | continued

Resource	How to Assign / Set Up	How to Guide Students	Educator Tips
Career & College Search (continued)			
School Profile Search	No assignment required.	• Select the Postsecondary tab and select School profiles. • Use the search window to locate a specific school	<i>Use the filters to narrow results.</i>
Work-Based Learning (WBL) Sessions			
Career Guest Speaker	• Select the Work-Based Learning tab on the educator dashboard and choose Request. • Select Career Guest Speaker and follow the prompts. • Note: Request speakers at least 3 weeks in advance.	Students participate in a live session with a career professional; no student navigation required.	<i>Submit requests at least 3 weeks ahead to ensure availability.</i>
Real-World Connections	• Select the Work-Based Learning tab on the educator dashboard and choose Request. • Select Real-World Connections. • A professional will share how they use a specific academic concept in their job.	Students participate in the live session as scheduled; no student navigation required.	<i>Align the academic concept to a current unit to maximize relevance for students.</i>

Educator Resource Navigation Guide | continued

Resource	How to Assign / Set Up	How to Guide Students	Educator Tips
Work-Based Learning (WBL) Sessions (continued)			
Assigning an Industry-Led Project (ILP) — Grades 9–12	• Prompt students to select a project of interest from the Work-Based Learning tab and choose Projects. • Once students have chosen a project, they may self-assign or you can assign from the Dashboard tab by selecting the +Create Custom Lesson button and searching for the title on the next page. • Before the project launches, preview the ILP in Pathful CRD to familiarize yourself with the project by previewing the lesson and selecting the information for teachers.	• Choose an implementation option in the pacing guide portion of the ILP teacher's guide on pages 4 –5. Projects can take from 30+ hours to 2 hours of student work depending upon the implementation option. From there, schedule up to 3 project mentoring sessions (see below), a kick-off session, a midpoint check-in, and a final presentation where students share their work and receive professional feedback. • As a student begins an ILP, your role as their educator is to help them understand the professional expectations involved, support their time management and accountability, and encourage them to engage meaningfully with their industry mentor. This may include helping the student prepare thoughtful questions, reflect on feedback they receive, and connect the experience to their broader career goals within Pathful CRD. Think of yourself as the bridge between the student's classroom experience and the professional world they are stepping into.	<i>Submit all mentor requests for the project at the same time at least 3 weeks before the first session. When submitting, request the same mentor for each session for continuity.</i>

**Scheduling
Project
Mentoring &
Feedback (ILP)**

- Select the Work-Based Learning tab on the educator dashboard and choose Request.
- Select Project Mentoring & Feedback.
- Professionals meet with students or review presentations and provide authentic feedback.
- Use this option to request a mentor for students participating in an Industry-Led Project (ILP).

Students present their work or meet with the assigned professional mentor.

Coordinate with ILP timelines; request the mentor before students enter the feedback phase.

Educator Resource Navigation Guide | continued

Resource	How to Assign / Set Up	How to Guide Students	Educator Tips
Goal Setting			
Goal Setting	Prompt students to write goals using any of the three available pathways: - From the student My Path tab, select Write 3 Goals. - Assign the FlexLesson "Goal Setting" (students add short-term and long-term goals within the lesson). - Go to the My Tracker tab and select Goal Setting to add goals directly.	- Students navigate to the My Path tab and select Write 3 Goals, or - Access the My Tracker tab and select Goal Setting to view and add goals. - Completed goals can always be reviewed from the My Tracker tab under Goal Setting.	<i>After goals are written, you can view them by going to the My Tracker tab and selecting Goal Setting.</i>
Career Plan			
Career Plan	Prompt students to select Complete your career plan on the student's My Path page and the Select courses button	- Students start by selecting the +Create New Plan button. If they have not created one, prompt them to "Start from scratch." If they are revising, select "Copy from existing plan." - The plan includes results from assessments, goals, and assets from exploring careers. Some students may need to complete multiple sections.	<i>Students should follow the prompts to create or adjust an existing plan.</i>
Assessments			
Career Cluster Interest Assessment	- Prompt students to take the assessment from the student My Path tab by selecting Take the Interest Assessment, or - Direct students to the My Tracker tab, Assessment Progress, and the Career Cluster Interest assessment.	- From the My Path tab: select Take the Interest Assessment. - From the My Tracker tab: select Assessment Progress, then choose the Career Cluster Interest assessment. - After completion, results and progress can be viewed under Assessment Progress in My Tracker.	<i>Results feed directly into Career Search and Career Profiles, making this a strong first activity for new students.</i>

Lifestyle Calculator

- Prompt students to complete the Lifestyle Calculator from the student My Path tab by selecting Complete the Lifestyle Calculator, or
- Direct students to the My Tracker tab, Assessment Progress, and the Lifestyle Calculator.
- From the My Path tab: select Complete the Lifestyle Calculator.
- From the My Tracker tab: select Assessment Progress, then choose the Lifestyle Calculator.
- After completion, results can be reviewed under Assessment Progress.

Pair this with career exploration to help students connect income expectations to career choices.

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6TH GRADE Career Awareness

Students learn about the world of work

MODULE 1

Welcome to Career Exploration

Session	Type	Resource	Activity / Student Task	Time
1.1 	Assessment	Interest Assessment (My Path)	Complete Interest Assessment (Student My Path tab)	~25 min
	Activity	<i>Interest Discovery Circle</i>	Draw 4-section circle- model in Appendix A (favorite home activities,, favorite subject, happy activity, strength); write 1 connecting career	~12 min
1.2 	Career Search	Explore careers in top clusters	Model the review of Interest Assessment results and search for careers aligned with interests. Students do the same independently	~30 min
	Activity	<i>Interest Connections</i>	Students write 3 careers per top cluster with 1-sentence reaction	~7 min
1.3 	FlexLesson	Goal Setting	Complete Goal Setting FlexLesson	~30 min
	Goal Setting	My Career Exploration Goals	Write 3 'By end of 6th grade, I will...' goals; circle most exciting	~7 min
1.4 	FlexLesson	Individual Learning Styles	Complete Discover Personal Learning Style lesson	~25 min
	Activity	<i>Learning Style Connections</i>	Write 3 ways you learn best; connect to 3 possible careers	~12 min
1.5	Activity	<i>Career Cluster Sorting and Exploration</i>	Match a job to each cluster and add 1 career per cluster	~20 min
	Activity	<i>My Top 5 Career Clusters</i>	Rank top 5 clusters; explain #1 choice	~17 min

MODULE 2

STEM Careers Deep Dive

Session	Type	Resource	Activity / Student Task	Time
2.1 	FlexLesson	STEM Careers	Complete STEM FlexLesson	~30 min
	Activity	<i>STEM Around Me</i>	List 4 daily STEM uses (phone, food, car, games)	~7 min
2.2 	FlexLesson	Creative Thinking	Complete Creative Thinking FlexLesson	~30 min
	Activity	<i>STEM Innovation Ideas</i>	Write 1 STEM solution for 3 everyday problems	~7 min
2.3	VJS	Software Engineer Aerospace Engineer	Watch 2 VJS videos;	~12 min
	Career Search	4 Engineering careers	Find 4 engineering careers in Career Search; record education required for each	~25 min
2.4	FlexLesson	Communication	Complete Communication FlexLesson	~25 min
	Activity	<i>STEM Detective</i>	Find 4 classroom items; write STEM behind each	~12 min
2.5	FlexLesson	What is Teamwork and Why Is it Important?	Complete Teamwork FlexLesson;	~25 min
	Activity	<i>Interest Check</i>	Rate 4 STEM areas 1–5; explain highest-rated interest	~12 min

MODULE 3

Health Science & Human Services Careers

Session	Type	Resource	Activity / Student Task	Time
3.1 	FlexLesson	The Health Science & Human Services Careers	Complete Health Science & Human Services FlexLesson;	~30 min
	Activity	<i>Health Helpers</i>	- List 2 health workers careers and how each helps people - List 2 human service careers and the services they provide	~7 min
3.2 	FlexLesson	Self-Awareness and Empathy	Complete Empathy FlexLesson;	~25 min
	Activity	<i>Patient Care Ideas</i>	Write kind responses health and human service workers would use in 3 scenarios	~12 min
3.3	VJS	Registered Nurse Physical Therapist	Watch 2 VJS videos;	~12 min
	Career Search	4 Health Science careers — education ranking	- Find 4 Health Science careers - Compare education — most to least required	~25 min
3.4	VJS	Vocational Rehabilitation Counselor	Watch VJS;	~6 min
	Activity	<i>Community Problem Solver</i>	- Choose 3 community problems; - Write existing services and leading career for each solution	~31 min
3.5	Career Search	3 Human Services careers — 3 personal qualities required for each	Research 3 careers in Career Search;	~25 min
	Activity	<i>Helping Skills Self-Rating</i>	Rate yourself Good/Learning/Needs Work on 4 helping skills and choose 2 for improvement	~12 min

MODULE 4

Business, Management, and Entrepreneurship Careers

Session	Type	Resource	Activity / Student Task	Time
4.1 	FlexLesson	Management and Entrepreneurship	Complete Management and Entrepreneurship FlexLesson	~30 min
	Activity	<i>Business All Around</i>	Name 4 businesses you have visited List 2 jobs at each	~7 min
4.2	Employability	- A Student Leader Strives for Excellence - Develop Your Leadership by Putting Yourself in a Position to Lead	Watch Employability videos	~7 min
	Activity	<i>Student Leadership</i>	- Write 3 student leadership situations - List 2 leadership skills needed for each	~31 min
4.3	VJS	CEO — Entrepreneur	Watch VJS	~6 min
	Activity	<i>Business Jobs</i>	- Name 4 roles at one business you know - Describe what each person does	~31 min
4.4	VJS	Real Estate Agent	Watch VJS	~6 min
	Activity	<i>Young Business Ideas</i>	- Write 3 student business ideas - choose your and explain problem solved and target customer	~31 min
4.5 	Career Search	4 business careers	Research 4 business careers in Career Search and describe how each helps a business succeed.	~30 min
	Activity	<i>Life Skills</i>	Identify 3 business skills used in daily school life	~7 min

MODULE 5

Digital Technology Careers

Session	Type	Resource	Activity / Student Task	Time
5.1 	FlexLesson	The Digital Technology Career Cluster	Complete Digital Technology FlexLesson	~30 min
	Activity	<i>Technology in My Day</i>	- List 4 technologies you use daily - Describe how each are used	~7 min
5.2	VJS	Software Developer	Watch VJS	~6 min
	Activity	<i>Technology Troubleshooters</i>	- List 4 tech problems - Match each to the worker who would fix it	~31 min
5.3	VJS	App Developer	Watch VJS;	~6 min
	Activity	<i>Code Understanding</i>	- Write 3 things you'd want an app to do - Describe if coding sounds interesting and why	~31 min
5.4	VJS	Information Security Administrator	Watch VJS	~6 min
	Activity	<i>Digital Safety Check</i>	- Rate 4 digital safety habits - Write personal digital safety plan (passwords, info sharing, downloading, online kindness)	~30 min
5.5 	Career Search	4 IT careers —	Research 4 IT careers in Career Search and what each does to help people use technology	~25 min
	Activity	<i>Technology Improvements</i>	Write 3 future technology improvements and which IT careers could build them	~12 min

 REMINDER WBL SESSIONS SOON | Module 9 Session 2 (Agricultural professional)

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 6

Financial Services Careers

Session	Type	Resource	Activity / Student Task	Time
6.1 	FlexLesson	The Financial Services	Complete Financial Services FlexLesson	~30 min
	Activity	<i>Money Helpers</i>	Match 4 financial services (saving, loans, bills, insurance) to finance workers	~7 min
6.2	VJS	Financial Planner	Watch VJS	~6 min
	Activity	<i>Smart Money Choices</i>	Write smart money advice for 3 student scenarios (lunch, saving, allowance)	~31 min
6.3 	FlexLesson	Academics in Action: Financial Analyst	Complete the Academics in Action FlexLesson	~6 min
	Activity	<i>Business & Math</i>	- List 2 ways a financial analyst uses math - Describe why it's important	~31 min
6.4	VJS	Certified Public Accountant (CPA)	Watch VJS	~6 min
	Activity	<i>Accounting Services</i>	- List 2 expenses tracked by a CPA - Explain why each expense matters	~31 min
6.5	Career Search	3 Finance careers — education required	Research 3 Finance careers in Career Search and determine the education required for each.	~25 min
	Activity	<i>Math in Money</i>	Write 3 ways people use math with money daily	~12 min

MODULE 7

Marketing & Sales Careers

Session	Type	Resource	Activity / Student Task	Time
7.1 	FlexLesson	The Marketing & Sales	Complete Marketing & Sales FlexLesson	~30 min
	Activity	<i>Marketing Messages</i>	- Recall 2 examples of marketing - Write the message each tries to send	~7 min
7.2	Employability	What Great Customer Service Looks Like	Watch employability video	~4 min
	Activity	<i>Good Service Examples</i>	Recall 3 personal great service experiences you've had and write about 2 specific things the worker did well	~33 min
7.3	VJS	Marketing Director	Watch VJS	~6 min
	Activity	<i>Advertisement Ideas</i>	Create a fun slogan for 3 student-favorite products and explain their persuasive appeal	~31 min
7.4	VJS	Sales Representative — Automotive	Watch VJS;	~6 min
	Activity	<i>Convincing Practice</i>	Write persuasive pitches for 3 scenarios (new ice cream flavor, school club, favorite book)	~31 min
7.5 	Career Search	4 Marketing/Sales careers	Research 4 careers in Career Search and identify the products or services being marketed	~25 min
	Activity	<i>Product Marketing</i>	Describe 3 products and describe how each solves problems or creates happiness	~12 min

MODULE 8

Supply Chain & Transportation Careers

Session	Type	Resource	Activity / Student Task	Time
8.1 	FlexLesson	Supply Chain & Transportation	Complete Supply Chain & Transportation FlexLesson;	~30 min
	Activity	<i>Transportation Tracking</i>	- Trace 4 things that came to you today - Name how each traveled	~7 min
8.2	VJS	Commercial Pilot Bus Operator	Watch 2 VJS videos	~10 min
	Activity	<i>Transportation Choices</i>	Compare 4 travel modes (car, bus, plane, walking) — 1 pro, 1 con each	~25 min
8.3	VJS	Logistics Driver	Watch VJS;	~6 min
	Activity	<i>Product Journey</i>	- Choose 1 product (phone, shoes, food) - Write 3 steps from factory to your hands	~31 min
8.4	VJS	Air Hub Supervisor	Watch VJS and view the career profile	~6 min
	Activity	<i>Career Tasks</i>	Describe 3 air hub supervisor tasks	~31 min
8.5 	Career Search	4 Transportation Careers	Research 4 Transportation careers related to safety in Career Search	~25 min
	Activity	<i>Safety in Transportation</i>	List 2 safety careers in transportation and describe how each protects people	~12 min

MODULE 9

Agriculture Careers

Session	Type	Resource	Activity / Student Task	Time
9.1 	FlexLesson	The Agriculture Careers	Complete Agriculture FlexLesson;	~30 min
	Activity	<i>Food Journey</i>	Trace 3 foods to their source; name 2 jobs that bring each to your table	~7 min
9.2 	WBL	🚩 LIVE WBL SESSION — Agriculture Professional	Submit a request 3+ weeks in advance. If you have not requested one, postpone this session for 3 weeks after the request	Full period
	Activity	<i>Questions and Content for Q & A</i>	• Students write questions in advance • Focus: how they chose the field, pros/cons, career evolution, future goals • Use these during the Live Q&A	
9.3	VJS	Greenhouse Inventory Supervisor	Watch the VJS video and view the career profile	~10 min
	Activity	<i>Skills for a career</i>	List the skills recommended for this career and which skill you do best and which skill needs to be improved.	~25 min
9.4	VJS	Veterinarian Marine Mammalogist	Watch 2 VJS videos;	~10 min
	Activity	<i>Careers with Animals</i>	List 4 animal-focused jobs write workplace, animals helped, and key duties for each	~25 min
9.5 	Career Search	4 Agriculture careers — workplace setting research	Research 4 Agriculture careers in Career Search;	~25 min
	Activity	<i>Future Food</i>	Write 2 ideas for how food might change and which careers lead that change	~12 min

MODULE 10

Construction Careers

Session	Type	Resource	Activity / Student Task	Time
10.1 	FlexLesson	The Construction Career Cluster	Complete Construction FlexLesson;	~30 min
	Activity	<i>Buildings Around Us</i>	- Name 3 building types in your community - List 2 construction jobs needed for each	~7 min
10.2 	VJS	Architect Interior Designer	Watch 2 VJS videos;	~10 min
	Activity	<i>Dream Room Design</i>	- Draw simple floor plan of ideal bedroom - Include 3 must-haves - name 2 workers who'd build it	~25 min
10.3	VJS	Electrician Carpenter — Framer	Watch 2 VJS videos;	~6 min
	Activity	<i>Construction Team</i>	Match 4 construction trades to their role in building a house	~25 min
10.4	VJS	Construction Manager	Watch VJS	~6 min
	Activity	<i>Construction Safety</i>	List 4 job site safety rules Explain why each protects workers	~31 min
10.5 	Career Search	3 Architecture careers	Research 3 building careers that protect the environment in Career Search;	~25 min
	Activity	<i>Green School Ideas</i>	Write 3 ways your school could be more eco-friendly	~12 min

MODULE 11

Public Services & Safety Careers

Session	Type	Resource	Activity / Student Task	Time
11.1 	FlexLesson	Public Services & Safety Career Cluster	Complete Public Services & Safety Careers FlexLesson;	~30 min
	Activity	<i>Community Safety Heroes</i>	- Name 3 safety workers - Write 2 ways each keeps people safe	~7 min
11.2	VJS	Police Patrol Officer Detective	Watch 2 VJS videos	~10 min
	Activity	<i>Police Officer Day</i>	- Write 4 things an officer does daily - Add location, importance, and rank the most critical tasks for an officer	~25 min
11.3	VJS	Congress person City Manager	Watch 2 VJS videos	~10 min
	Activity	<i>Government roles</i>	- Compare student government roles to real government jobs - write 3 shared leadership skills	~25 min
11.4	VJS	Paramedic Helicopter Pilot — Firefighter	Watch 2 VJS videos	~10 min
	Activity	<i>Emergency Helpers</i>	Name 4 emergency workers Write what each does during an emergency	~25 min
11.5 	Career Search	4 Law/Safety careers	Research 4 careers in Career Search	~25 min
	Activity	<i>Safety Rules</i>	Write 3 personal safety rules and compare to what security workers do	~12 min

MODULE 12

Advanced Manufacturing Careers

Session	Type	Resource	Activity / Student Task	Time
12.1 	FlexLesson	The Advanced Manufacturing Career Cluster	Complete Advanced Manufacturing FlexLesson;	~30 min
	Activity	<i>Made Around Me</i>	- Find 4 manufactured items in class - Name likely origin and materials	~7 min
12.2	VJS	CNC Machinist Welder	Watch 2 VJS videos	~6 min
	Activity	<i>How Things Are Made</i>	- Choose 1 product (bike, backpack, pencil) - Write 3 steps in its production	~25 min
12.3	VJS	Director of Improvement and Quality	Watch VJS	~6 min
	Activity	<i>Quality Check</i>	- Choose 3 products; - Write 2 things a quality checker looks for in each	~31 min
12.4	VJS	Robotic Welder Operator	Watch VJS	~6 min
	Activity	<i>Robots and Manufacturing</i>	- Write 3 ways robots improve manufacturing - Reflect on whether working with robots sounds interesting	~31 min
12.5 	Career Search	4 Manufacturing careers	Research 4 manufacturing careers in Career Search how each creates better product	~25 min
	Activity	<i>Product Improvements</i>	- Choose 3 everyday items - Write 1 improvement for each	~12 min

MODULE 13

Arts, Entertainment, & Design Careers

Session	Type	Resource	Activity / Student Task	Time
13.1 	FlexLesson	The Arts, Entertainment, & Design Careers	Complete Arts, Entertainment, & Design FlexLesson;	~30 min
	Activity	<i>Creative Work Around Me</i>	Find 4 creative works you see today Name the arts career behind each	~7 min
13.2	VJS	Photographer	Watch VJS; create 2 simple school logos (sports + reading); explain color and shape choices	~6 min
	Activity	<i>Design Challenge</i>		~31 min
13.3	VJS	Television Producer Reporter — Print	Watch 2 VJS videos and plan a student news show	~6 min
	Activity	<i>News Team</i>	- Assign 4 roles on a News Team - Write what each person does	~25 min
13.4	VJS	Actor Musician — Pop/Hip-Hop	Watch 2 VJS videos;	~10 min
	Activity	<i>Entertainment Jobs</i>	- List 5–6 performing arts careers - Write workplace and audience role for each	~25 min
13.5 	Career Search	Video development Careers	Research 3 video development careers in Career Search	~25 min
	Activity	<i>Creative Video Plan</i>	Write plan for a 2-min school video (what to film, music, message)	~12 min

 REMINDER WBL SESSIONS SOON | Module 17 Session (Professional speaking on importance of soft skills)

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 14

Education Careers

Session	Type	Resource	Activity / Student Task	Time
14.1 	FlexLesson	The Education Career Cluster	Complete Education FlexLesson;	~30 min
	Activity	<i>Learning Helpers</i>	- List 4 education workers who helped you - Write 2 ways each helped you grow	~7 min
14.2	VJS	Teacher — HS Professor	Watch 2 VJS videos	~10 min
	Activity	<i>Teaching Practice</i>	write a simple lesson plan for something you know well (topic, materials, how to assess)	~25 min
14.3	VJS	School Counselor Librarian	Watch 2 VJS videos	~10 min
	Activity	<i>Support Service Match</i>	- Match 4 student problems to the correct school support worker - Describe their response	~25 min
14.4	VJS	Athletic Director	Watch VJS;	~6 min
	Activity	<i>Learning Method Comparison</i>	- Compare 4 ways to learn the same thing (book, video, hands-on, partner) - Write best learner type and example for each	~31 min
14.5 	Career Search	3 Education careers that use technology	Research 3 EdTech careers in Career Search	~25 min
	Activity	<i>Future Learning</i>	Write 3 ways schools might change and which careers help	~12 min

MODULE 15

Energy & Natural Resource Careers

Session	Type	Resource	Activity / Student Task	Time
15.1 	FlexLesson	The Energy & Natural Resources Career Cluster	Complete Energy & Natural Resources FlexLesson;	~30 min
	Activity	<i>Energy Sources</i>	- Name 4 energy sources - Write 2 energy careers for each source	~7 min
15.2	VJS	Wind Technician Solar Consultant	Watch 2 VJS videos	~10 min
	Activity	<i>Clean Energy</i>	Compare solar, wind, and water power — pros, cons, and which interests you most	~25 min
15.3	VJS	Conservationist Environmental Engineer	Watch 2 VJS videos	~10 min
	Activity	<i>Environmental Helpers</i>	- Identify 3 environmental problems - Write 2 natural resources careers that solve each	~25 min
15.4	VJS	Sustainability Architect Building Performance Analyst	Watch 2 VJS videos and each career profile	~10 min
	Activity	<i>Compare Careers</i>	- Use the Compare Tool to compare the two careers - Write how they are similar and how they are different.	~25 min
15.5 	Career Search	3 Energy careers	Research 3 Energy career roles in Career Search and note their future importance	~25 min
	Activity	<i>Energy Ideas</i>	Write 3 creative new energy ideas and which careers could develop them	~12 min

MODULE 16

Hospitality, Events, and Tourism Careers

Session	Type	Resource	Activity / Student Task	Time
16.1 	FlexLesson	The Hospitality, Events, & Tourism Career Cluster	Hospitality, Events, & Tourism Career Cluster FlexLesson;	~30 min
	Activity	<i>Restaurant Helpers</i>	Recall a visit to a restaurant and name a hospitality worker that made it enjoyable	~7 min
16.2	VJS	- Hotel General Manager - Hotel Front Office Manager	Watch 2 VJS videos;	~6 min
	Activity	<i>Hotel Jobs</i>	Name 4 hotel departments Write what each person does to help guests	~25 min
16.3	VJS	Executive Chef Server	Watch 2 VJS videos;	~10 min
	Activity	<i>Restaurant Dream</i>	Design a restaurant — choose theme, 4 menu items, and 4 staff roles needed	~25 min
16.4	VJS	Tour Guide Community Tourism	Watch VJS and list 4 local attractions	~6 min
	Activity	<i>Tourism Careers</i>	Write 2 visitor activities and 2 tourism workers who'd assist	~31 min
16.5 	Career Search	4 Hospitality careers	Research 4 Hospitality careers in Career Search that require customer service skills	~25 min
	Activity	<i>Great Service Rules</i>	Write 3 personal rules for great service and why each matters	~12 min

MODULE 17

Building Professional Skills Early

Session	Type	Resource	Activity / Student Task	Time
17.1 	Employability	Why Communication Matters	Watch video Employability video	~4 min
	Activity	<i>Professional Talk Practice</i>	Write professional responses for 4 situations: asking for help, introducing yourself, thanking someone, apologizing	~33 min
17.2	Employability	Leadership Doesn't Come with a Title	Watch video;	~4 min
	Activity	<i>Student Leadership</i>	- List 4 student leadership opportunities; - Choose 2 to try and explain why each interests you	~33 min
17.3 	WBL	 LIVE WBL SESSION	Submit a request 3+ weeks in advance. If you have not requested one, postpone this session for 3 weeks after the request	Full period
	Activity		Students ask questions about how to develop skills and consequences of lacking them. (Communication, Leadership, Integrity, Responsibility)	
17.4	Employability	Initiative Being Humble	Watch 2 Employability videos - Taking Initiative Will Drive the Success You Want - Being Humble Beats Arrogance Every Time	~8 min
	Activity	<i>Initiative Ideas</i>	- Write 3 ways to show initiative and integrity at school and home - Choose 1 to try this week and reflect	~33 min
17.5	Activity	<i>6th Grade Success</i>	Write a letter celebrating proudest moments, discoveries, interesting clusters, and skills developed.	~25 min
	Activity	<i>7th Grade Commitment</i>	Make 3 promises for 7th grade (curiosity, new experiences, skill building).	~12 min

7TH GRADE Career Awareness

Students learn about themselves

MODULE 1

Welcome Back to Career Exploration

Session	Type	Resource	Activity / Student Task	Time
1.1 	Assessment	Lifestyle Calculator Assessment (My Tracker)	Complete Lifestyle Calculator	~25 min
	Activity	<i>Lifestyle Dreams</i>	Write 4 adult lifestyle hopes (location, home, free time, priorities)	~12 min
1.2 	Activity	<i>Review Lifestyle Calculator results — class discussion</i>	Discuss what costs more/less than expected	~30 min
	Activity	<i>Cost Reality Check</i>	Identify what you won't compromise on	~7 min
1.3 	FlexLesson	Introduction to Personal Financial Literacy	Complete Financial Literacy FlexLesson	~30 min
	Activity	<i>Money in My Life</i>	List 4 ways you currently use money; write 1 thing you want to learn about managing money	~7 min
1.4 	FlexLesson	Financial Goal Setting	Complete Financial Goal Setting FlexLesson	~25 min
	Goal Setting	My Financial Goals (Goal Setting Tool)	Set 3 financial goals for the year in Goal Setting Tool with 1 step toward each	~12 min
1.5	FlexLesson	Self-Motivation Strategies	Complete Self-Motivation FlexLesson	~25 min
	Activity	<i>Motivation for Learning</i>	Write 3 things that motivate you to learn about careers; set 1 engagement goal for the year	~12 min

MODULE 2

Planning for the Future

Session	Type	Resource	Activity / Student Task	Time
2.1 	Career Search	Lifestyle–Career Reality Check	Compare lifestyle cost to 4 career starting salaries	~20 min
	Activity	<i>Career Investment Analysis</i>	Calculate if education investment justifies the salary return	~17 min
2.2 	FlexLesson	Postsecondary Planning	Complete Postsecondary Planning FlexLesson	~30 min
	FlexLesson	Document 3 career interests in Pathful Postsecondary Plan	Research and document education required for 3 careers in Postsecondary Plan	~12 min
2.3 	FlexLesson	Postsecondary Education	Complete Postsecondary Education FlexLesson	~25 min
	Activity	<i>Education–</i>	Document best-fit postsecondary path in Pathful for Career Connections in your Career Plan	~7 min
2.4	FlexLesson	Work / Life Balance	Complete Work/Life Balance FlexLesson	~25 min
	Activity	<i>Work–Life Balance Ideas</i>	Write 4 things you want time for beyond work; reflect on why balance matters	~12 min
2.5	FlexLesson	Employee Health and Wellness	Complete Health and Wellness FlexLesson	~25 min
	Activity	<i>Healthy Work Habits</i>	List 4 healthy work habits; identify which to develop now	~12 min

MODULE 3

Developing Self-Motivation and Study Skills

Session	Type	Resource	Activity / Student Task	Time
3.1 	FlexLesson	Organizational Habits for Success	Complete Organizational Habits FlexLesson	~30 min
	Activity	<i>Organization Challenge</i>	Rate your organizational skills (1–5) in 4 areas; choose 2 to improve with specific steps	~7 min
3.2 	FlexLesson	Time Management Skills	Complete Time Management FlexLesson	~25 min
	Activity	<i>Time Management Practice</i>	Track one school day; write 3 improvements involving time management for reaching career and financial goals	~12 min
3.3	FlexLesson	Best Conditions for Studying	Complete Study Conditions FlexLesson	~25 min
	Activity	<i>Study Space Design</i>	Describe ideal study space (4 elements); connect study habits to career success	~12 min
3.4	FlexLesson	Test Taking Strategies	Complete Test Taking FlexLesson	~25 min
	Activity	<i>Test Strategy Partner Discussion</i>	Discuss with a partner which strategies (reading first, eliminating, timing) work best	~12 min
3.5 	FlexLesson	Focus and Concentration	Complete Focus FlexLesson	~25 min
	Activity	<i>Focus Improvement Plan</i>	Identify 3 distractions; write strategy to handle each one	~12 min

MODULE 4

Collaborative Learning and Technology

Session	Type	Resource	Activity / Student Task	Time
4.1 	FlexLesson	How to Study Together	Complete Study Together FlexLesson	~30 min
	Activity	<i>Study Group Benefits</i>	List 2 benefits and 2 challenges of group study; write how to address the challenges	~7 min
4.2	FlexLesson	Using Technology to Study	Complete Technology to Study FlexLesson	~25 min
	Activity	<i>Technology for Learning</i>	Name 4 learning technologies; rate how well you use each	~12 min
4.3 	FlexLesson	Understanding Problem Solving	Complete Problem Solving FlexLesson	~25 min
	Activity	<i>Problem Solving Practice</i>	Apply 4-step process (identify, brainstorm, choose, evaluate) to 2 school challenges	~12 min
4.4 	FlexLesson	Critical Thinking Skills	Complete Critical Thinking FlexLesson	~25 min
	Activity	<i>Critical Thinking Challenge</i>	Analyze 3 ads for claims, evidence, and believability	~12 min
4.5	Employability	Never Stop Learning	Watch video	~4 min
	Activity	<i>Lifelong Learning Connection</i>	Write 3 specific examples of how this year's study skills will help in your future career	~33 min

MODULE 5

Housing and Major Life Expenses

Session	Type	Resource	Activity / Student Task	Time
5.1	Employability	Renting Your First Apartment Part 1 — Preparation	Watch video	~4 min
	Activity	<i>Housing Budget Planning</i>	Research 3 housing options; calculate income needed for each	~33 min
5.2	Employability	Renting Your First Apartment Part 2 — Rent and Lease Information	Watch video	~4 min
	Activity	<i>Renting Basics</i>	List 4 renting considerations; write questions to ask before signing a lease	~33 min
5.3	Employability	Renting Your First Apartment Part 3 — Protection	Watch video	~4 min
	Activity	<i>Housing Protection Strategies</i>	Identify 4 ways to protect yourself as a renter; explain why each matters	~33 min
5.4 	Employability	How to Plan for Your Cost of Living	Watch video	~4 min
	Activity	<i>Location Comparison</i>	Compare living in big city, small town, and farm area — 2 pros and 2 cons each	~33 min
5.5 	Employability	Plan Your Budget for Inflation	Watch video	~4 min
	Activity	<i>Inflation Impact Planning</i>	Calculate 10-year inflation impact at 3% annually; write strategies for handling rising costs	~33 min

MODULE 6

Career Income and Lifestyle Connections

Session	Type	Resource	Activity / Student Task	Time
6.1 	Activity	Work Schedule Comparison	Compare full-time (40 hrs) vs. part-time (20 hrs) work — 2 benefits and 2 challenges each; choose which appeals more	~37 min
6.2 	Activity	Workplace Exploration	List 4 work environments (office, store, outdoors, home); write a typical workday in each	~37 min
6.3	Activity	Employment Types	Compare working for a company vs. owning a business — 3 pros and 3 challenges each; explain your preference	~37 min
6.4	Activity	Work Variety	Name 4 seasonal jobs; write why some work is temporary and how workers plan for gaps	~37 min
6.5	Activity	Working from Home	List 3 remote work jobs; write 2 skills needed to work from home successfully	~37 min

MODULE 7

Professional Skills and Work Readiness

Session	Type	Resource	Activity / Student Task	Time
7.1 	Employability	How to Get Ahead in Life	Watch video	~4 min
	Activity	<i>Work Ethic Self-Assessment</i>	Rate yourself Strong/Developing/Needs Work on 5 work ethic qualities; write improvement strategies for weakest areas	~33 min
7.2 	FlexLesson	Effective Communication in the Workplace	Complete the Communication in the Workplace FlexLesson	~4 min
	Activity	<i>Communication Skills Practice</i>	Write professional emails for 4 scenarios: requesting info, scheduling, apologizing, thanking	~33 min
7.3 	Employability	Time Management Skills Lead to Workplace Success	Watch video	~4 min
	Activity	<i>Workplace Time Management</i>	Create sample work schedule balancing 4 tasks with different deadlines and priorities	~33 min
7.4	Employability	Problem Solving Leads to Innovation	Watch video	~4 min
	Activity	<i>Workplace Problem Solving</i>	Apply problem-solving process to 3 workplace challenges (conflicting deadlines, unclear instructions, team disagreements)	~33 min
7.5	Employability	Building a Network Will Advance Your Career	Watch video	~4 min
	Activity	<i>Professional Relationship Building</i>	List 4 ways to build strong work relationships with specific examples of each	~33 min

MODULE 8

Customer Service and Workplace Skills

Session	Type	Resource	Activity / Student Task	Time
8.1	Employability	What Great Customer Service Looks Like	Watch video	~4 min
	Activity	<i>Customer Service Excellence</i>	Describe excellent service in 4 settings (retail, restaurant, phone, online chat)	~33 min
8.2	Employability	How to Handle A Rude Customer	Watch video	~4 min
	Activity	<i>Difficult Situation Practice</i>	Write professional responses to 4 challenging situations (angry, confused, unreasonable, complaining customers)	~33 min
8.3 	Employability	Solving Problems Often Requires Teamwork	Watch video	~4 min
	Activity	<i>Workplace Collaboration</i>	Plan a team project by assigning 4 roles (leader, researcher, presenter, coordinator); describe each contribution	~33 min
8.4 	Employability	Taking Initiative Will Drive the Success You Want	Watch video	~4 min
	Activity	<i>Initiative Examples</i>	Write 4 examples of taking initiative at work; explain why employers value each	~33 min
8.5	Employability	Learn How To Upskill To Advance Your Career	Watch video	~4 min
	Activity	<i>Skills Development Plan</i>	Choose 3 professional skills to develop; write specific improvement strategies starting now	~33 min

MODULE 9

Work-Life Balance Reality

Session	Type	Resource	Activity / Student Task	Time
9.1	Employability	Achieving a Work/Life Balance	Watch video	~4 min
	Activity	<i>Work-Life Balance Definition</i>	Write your definition of work-life balance; list 4 things that would be important to balance with work	~33 min
9.2 	WBL	🚩 LIVE WBL SESSION — Work-Life Balance Professional	Submit a request 3+ weeks in advance. Professionals share examples of healthy work-life balance and times career took priority. Students prepare questions in advance. Q&A focused on how to develop balance skills.	Full period
9.3 	Employability	Learning How to Manage Stress to Stay Focused	Watch video;	~4 min
	Activity	<i>Stress Management Strategies</i>	Identify 4 stress management techniques; write how each could help handle work pressure	~33 min
9.4	Activity	<i>Priority Setting Practice</i>	List 8 activities competing for your time; rank by importance; explain your priority choices	~37 min
9.5	Employability	Build New Habits To Achieve a Healthy Lifestyle	Watch video	~4 min
	Activity	<i>Personal Balance Plan</i>	Create a future work-life balance vision: career goals, family goals, personal goals, and strategies for all three	~33 min

MODULE 10

Leadership and Personal Development

Session	Type	Resource	Activity / Student Task	Time
10.1 	Employability	Leadership Doesn't Come with a Title	Watch video	~4 min
	Activity	<i>Leadership Self-Assessment</i>	Rate yourself on 5 leadership qualities; write examples of when you showed leadership	~33 min
10.2	Employability	How to Build Self-Confidence	Watch video	~4 min
	Activity	<i>Confidence Building Plan</i>	Identify 3 areas to build confidence; write specific steps for each	~33 min
10.3	Employability	Practice Goal Setting Through Fitness	Watch video	~4 min
	Goal Setting	SMART Goals Practice	Set 3 SMART goals for this school year related to career preparation; write action steps for each	~33 min
10.4	Employability	How to Rebound from Failure	Watch video	~4 min
	Activity	<i>Resilience Building</i>	Write about a challenge you overcame; identify 3 strategies that helped; explain how experience prepares you for workplace setbacks	~33 min
10.5 	FlexLesson	Personal Presentation is Key to Making a Good First Impression	Complete the lesson	~30 min
	Activity	<i>Personal Brand Planning</i>	Define 4 qualities you want associated with you and identify qualities you have and qualities do you need to build	~15 min

MODULE 11

Career Research and Exploration Methods

Session	Type	Resource	Activity / Student Task	Time
11.1 	FlexLesson	Preparing for an Informational Interview	Complete the lesson	~30 min
	Activity	<i>Informational Interview Preparation</i>	Choose 1 career; write 3 questions you'd ask a professional (daily work, career path, advice for students)	~33 min
11.2 	Employability	Internships are the Way to Go	Watch video	~4 min
	Activity	<i>Workplace Learning Opportunities</i>	Research 3 ways to learn about careers (job shadowing, internships, volunteer); write benefits and requirements of each	~33 min
11.3	Employability	University of YouTube: Critically Evaluating Your Sources	Watch video	~4 min
	Activity	<i>Career Research Strategy</i>	Create research plan for top career interest using 4 source types (websites, videos, articles, people)	~33 min
11.4	Employability	Why Networking is Powerful at any Stage of Your Career	Watch video	~4 min
	Activity	<i>Networking for Students</i>	List 4 ways students start building networks (family, school events, community, online); write networking goals	~33 min
11.5	Employability	Skills To Highlight With No Previous Work Experience	Watch video	~4 min
	Activity	<i>Career Exploration Portfolio Entry</i>	Create portfolio entry documenting this year's career exploration: interests, lifestyle goals, research, skills developed	~33 min

MODULE 12

Professional Skills Development

Session	Type	Resource	Activity / Student Task	Time
12.1 	Employability	Verbal Communication Needs To Be Clear And Concise At Work	Watch video	~4 min
	Activity	<i>Communication Skills Practice</i>	Practice 4 professional communication formats (email, phone, presentation, meeting); write an example of each	~33 min
12.2 	Employability	What is Critical Thinking?	Watch video	~4 min
	Activity	<i>Critical Thinking Application</i>	Apply critical thinking to 3 career decisions (choosing between jobs, deciding on training, handling conflict)	~33 min
12.3	Employability	Thinking Creatively On the Job	Watch video	~4 min
	Activity	<i>Creative Problem Solving</i>	Write 1 creative solution for 3 student problems (lunch lines, heavy backpacks, forgotten assignments)	~33 min
12.4	Employability	The Meaning of Collaboration	Watch video	~4 min
	Activity	<i>Collaboration Skills Assessment</i>	Rate yourself on 5 collaboration skills; write improvement strategies for 2 weakest areas	~33 min
12.5	Employability	Being Humble Beats Arrogance Every Time	Watch video	~4 min
	Activity	<i>Choose humility, not arrogance</i>	Write about 4 everyday school or sports situations when you have a choice to be humble or arrogant; choose 1 and write about how you would demonstrate being humble.	~33 min

MODULE 13

Workplace Readiness and Professional Preparation

Session	Type	Resource	Activity / Student Task	Time
13.1 	Employability	Your First Job Gives You Priceless Experience	Watch video	~4 min
	Activity	<i>First Job Ideas</i>	Choose 4 of 8 common first jobs; for each: why it appeals, skills you have, what you'd learn	~33 min
13.2 	FlexLesson	Employer Expectations	Complete lesson	~20 min
	Activity	<i>Workplace Success Preparation</i>	List 2 employer expectations; write how to demonstrate each quality	~15 min
13.3	Employability	Learn How To Upskill To Advance Your Career	Watch video	~4 min
	Activity	<i>Skills I Want to Learn</i>	Choose 6 of 8 skills; rate current level (Beginner/Some/Pretty Good); write why each helps your future	~33 min
13.4	Employability	How to Find a Mentor and be a Good Mentee	Watch video	~4 min
	Activity	<i>People Who Can Help Me Learn</i>	Identify 6 types of mentoring adults; write 1 career question for each type	~33 min
13.5	Employability	Working Through Failure is How We Grow	Watch video	~4 min
	Activity	<i>Handling Disappointment</i>	Describe 1 disappointment scenario; write about how it made you feel, how to cope with the situation, what you learn, and who may be able to help	~33 min

MODULE 14

Leadership and Personal Development (Advanced)

Session	Type	Resource	Activity / Student Task	Time
14.1	Activity	<i>Leadership Interest Exploration</i>	Rate 6 leadership qualities 1–5; choose 3 to develop; write specific growth steps for each	~37 min
14.2	Activity	<i>Personal Strengths Discovery</i>	List 6 positive personal qualities from academic, personal, and social areas; write how each could help in your career	~37 min
14.3	Activity	<i>Communication Skills Practice — Self-Rating</i>	Rate yourself 1–5 on 6 communication skills; choose 2 to focus on improving; write specific practice strategies	~37 min
14.4 	Employability	Learning to Think Creatively	Watch video;	~4 min
	Activity	<i>Creative Problem-Solving Practice</i>	choose 3 problems from this school year; write 2 different solutions for each	~33 min
14.5	Employability	Have Integrity by Giving Others Credit	Watch the video	~4 min
	Activity	<i>Integrity Choices</i>	Find a time when you worked with another person or team when you were recognized; write about how you could show integrity in that situation	~33 min

MODULE 15

Documenting Growth and Looking Forward

Session	Type	Resource	Activity / Student Task	Time
15.1 	Employability	How to Become More Self Aware and How it Drives Better Outcomes	Watch video	~4 min
	Activity	<i>Learning Moments Review + End of Grade Growth Report Card</i>	Complete 5 sentence stems about learning; grade yourself A–F in 3 growth areas with 1 specific example from this year (See Appendix for sentence stem options)	~32 min
15.2	Activity	<i>Future Lifestyle Visualization</i>	Write a detailed vision of an ideal adult lifestyle	~20 min
	Activity	<i>Career Plan Creation in Pathful</i>	Document current education and career target in Pathful Career Plan	~17 min
15.3 	Employability	Learn To Crawl Before You Walk	Watch video	~4 min
	Activity	<i>Next Year's Excitement List</i>	List 8 things you're excited to learn next year; write 1–2 sentences on why each interests you	~33 min
15.4 	Activity	<i>Learning Habits for Success</i>	Choose 6 learning habits to continue from list; write how each will help in 8th grade and beyond (List is in the Appendix)	~37 min
	Activity	<i>This Year's Success Letter</i>	Write a letter to self celebrating your growth in financial literacy, career-lifestyle connections, and professional skills this year	~37 min
15.5	Activity			

8TH GRADE **Career Awareness**

Spark Career Curiosities | Personality & High School Prep

WBL SESSIONS THIS YEAR

4 WBL Sessions: Module 6 Session 5 • Module 9 Session 2 • Module 12 Session 5 • Module 13 Session 5

Schedule a WBL session at least 3 weeks before each session.

MODULE 1

Welcome and Personality Assessment

Session	Type	Resource	Activity / Student Task	Time
1.1 	Assessment	Career Personality Assessment — Holland RIASEC (My Tracker)	Complete Personality Assessment	~25 min
	Activity	<i>Personality First Impressions</i>	Rate how well 6 personality descriptions fit you	~12 min
1.2 	Career Search	Review RIASEC results; explore careers in top type	Review personality results	~30 min
	Activity	<i>RIASEC Career Match</i>	Match top RIASEC type to 3 matching career clusters in Career Search	~7 min
1.3 	FlexLesson	Leadership	Complete Leadership FlexLesson	~30 min
	Activity	<i>Leadership Interest Check</i>	Rate interest 1–5 in 4 leadership situations	~7 min
1.4	Activity	<i>Self-Direction and Initiative Reflection</i>	Reflect on your independence and initiative; write 3 examples of self-direction from last school year or the summer	~37 min
1.5 	FlexLesson	The Power of Self-Determination	Complete Self-Determination FlexLesson	~25 min
	Goal Setting	Goal Priority Ranking for This Year	Rank 6 possible 8th-grade goals; write which to pursue first	~12 min

MODULE 2

A Personality-Based Approach to Growth

Session	Type	Resource	Activity / Student Task	Time
2.1 	FlexLesson	Understanding Growth Mindset	Complete Growth Mindset FlexLesson	~30 min
	Activity	<i>Growth Mindset Self-Assessment</i>	Rate yourself on growth mindset behaviors	~7 min
2.2	VJS	Architect Marketing Director	Watch 2 VJS videos	~10 min
	Activity	<i>Career Combination Analysis</i>	Analyze how each career combines multiple RIASEC types	~25 min
2.3 	Career Search	Find careers matching top 2 RIASEC types	Research careers matching your RIASEC profile;	~20 min
	Activity	<i>Career Interest Analysis</i>	Answer specific interest questions about each one found	~17 min
2.4	FlexLesson	Understanding Flexibility	Complete Flexibility FlexLesson	~25 min
	Activity	<i>Flexibility Self-Assessment</i>	Rate flexibility behaviors; write how each helps in careers	~12 min
2.5	FlexLesson	Understanding Failure	Complete Failure FlexLesson	~25 min
	Activity	<i>Failure Learning Assessment</i>	Reflect on a specific failure; write what you learned and how it prepares you for the workplace	~12 min

 **REMINDER WBL SESSIONS SOON | Module 6 Session 5 – Pole students on what type of career professional they'd like to meet.**

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 3

Communication Skills Excellence

Session	Type	Resource	Activity / Student Task	Time
3.1 	FlexLesson	Written Communication	Complete Written Communication FlexLesson	~25 min
	Activity	<i>Message Style Comparison</i>	Rewrite a casual request in 3 professional formats	~12 min
3.2	FlexLesson	Verbal Communication	Complete Verbal Communication FlexLesson	~20 min
	Activity	<i>Speaking Comfort Assessment</i>	Rate speaking comfort 1–5 in 4 contexts; choose a context area to improve your comfort	~12 min
3.3	FlexLesson	Effective Communication in the Workplace	Complete Workplace Communication FlexLesson	~20 min
	Activity	<i>Professional Message Transformation</i>	Transform a casual message into a professional one	~10 min
3.4	FlexLesson	Building Effective Team Communication	Complete Team Communication FlexLesson	~2 min
	Activity	<i>Team Communication Role Assessment</i>	Rate comfort in 4 team communication roles; identify which is the least comfortable and explain why	~15 min
3.5	FlexLesson	Online Etiquette	Complete Online Etiquette FlexLesson	~30 min
	Activity	<i>Digital Behavior Appropriateness Check</i>	Rate appropriateness of 6 online behaviors from 1–5	~7 min

MODULE 4

Leadership and Interpersonal Skills

Session	Type	Resource	Activity / Student Task	Time
4.1 	FlexLesson	Leadership	Complete the lesson	~4 min
	Activity	<i>Leadership Skill Identification</i>	Identify and write 3 leadership skills ; circle your top 2 and write why each area strength	~33 min
4.2	FlexLesson	Developing your Workplace Intelligence	Complete the lesson	~4 min
	Activity	<i>Elements of Workplace Intelligence</i>	Of the 5 elements of Workplace Intelligence, describe 2 elements that could be a challenge for you and why	~33 min
4.3	Employability	Building Trust in the Workplace	Watch video	~4 min
	Activity	<i>Trust-Building Behavior Self-Assessment</i>	Rate how consistently you demonstrate trust-building behaviors	~33 min
4.4	Employability	Practicing Workplace Intelligence	Watch video	~4 min
	Activity	<i>Emotion Skills Specific Assessment</i>	Rate your emotional intelligence 1–5 on 5 key skills	~33 min
4.5	Employability	Tips on How to Resolve Conflict	Watch video	~4 min
	Activity	<i>Conflict Approach Self-Analysis</i>	Analyze how you handle disagreements; write your default conflict approach and how to improve it	~33 min

MODULE 5

Academic Excellence and Feedback Integration

Session	Type	Resource	Activity / Student Task	Time
5.1 	FlexLesson	Handling Constructive Criticism	Complete Constructive Criticism FlexLesson	~30 min
	Activity	<i>Handling Feedback</i>	List 4 ways to receive constructive criticism	~7 min
5.2 	FlexLesson	My Plan Outline	Complete My Plan FlexLesson	~25 min
	Goal Setting	School Year Success Goal Setting	Rank and write 6 goals for the rest of this year	~12 min
5.3	Employability	What are some rewards of volunteering? See things you've never seen before as a volunteer	Watch both videos	~10 min
	Activity	<i>Community Service Personality Match</i>	List 2 volunteering opportunities you'd like to do and describe why each matches your interests and personality	~25 min
5.4	FlexLesson	Time Management	Complete Time Management FlexLesson	~25 min
	Activity	<i>Time Management Style Effectiveness</i>	Rate how well 4 time management approaches work for you	~12 min
5.5	FlexLesson	The Power of Self-Determination	Complete Self-Determination FlexLesson	~30 min
	Activity	<i>Personal Accomplishments</i>	Choose a personal goal you'd like to accomplish and write steps on how to accomplish it	~7 min

MODULE 6

RIASEC Career Exploration Deep Dive

Session	Type	Resource	Activity / Student Task	Time
6.1 	VJS	Engineer, Mechanic	Watch 2 VJS	~12 min
	Activity	<i>Realistic Career Comparison</i>	Compare Realistic career paths using salary, education, daily tasks, and growth potential	~25 min
6.2 	VJS	Research Scientist, Data Analyst	Watch 2 VJS;	~12 min
	Activity	<i>Investigative Career Analysis</i>	Compare Investigative careers on key criteria and connect to your RIASEC personality assessment	~25 min
6.3 	VJS	Graphic Designer, Musician, Social Worker, Teacher	Watch 4 VJS	~20 min
	Activity	<i>Creative Career Analysis</i>	Compare an Artistic career with a Social career — work environment, skills required, personality fit	~13 min
6.4	VJS	Sales Manager, Accountant	Watch 2 VJS	~10 min
	Activity	<i>Business Career Analysis</i>	Compare Enterprising vs. Conventional careers on personality match, duties, and career ladder	~25 min
6.5 	WBL	 LIVE WBL SESSION Student-Voted Career Professional	Students vote on a career they want to learn about. Submit request 3+ weeks in advance (specify chosen career). Students write questions in advance. Live Q&A.	Full period

 **REMINDER WBL SESSIONS SOON | Module 9 Session 2 – (entrepreneurship or innovation professional).**

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 7

High School Preparation and Transition Planning

Session	Type	Resource	Activity / Student Task	Time
7.1 	Activity	<i>Course Interest by Personality</i>	Think about 6 course areas you'd like to take in High School; identify and describe how they align with your RIASEC profile	~33 min
7.2 	Employability	Extracurricular Activities Benefit You Beyond School	Watch video	~4 min
	Activity	<i>Activity Interest Assessment</i>	Rate interest in extracurricular activities; identify which align with career and personality goals	~33 min
7.3	Employability	Studying Effectively, Facts About Studying, Studying Strategies	Watch 3 videos	~10 min
	Activity	<i>Study Method Trial and Personal Study System</i>	Test 2 study methods with different content types; design your own study system based on personality and what works	~20 min
7.4 	FlexLesson	Applying Soft skills	Complete the FlexLesson	~4 min
	Activity	<i>Soft Skills Assessment</i>	Rate 4 soft skills (communication, organization, teamwork, attitude); write improvement strategies for 2 lowest scores	~33 min
7.5 	Activity	<i>Leadership Opportunity Planning for High School</i>	Review 6 high school leadership opportunities; choose 2 to pursue; write how each connects to your RIASEC type and career goals	~37 min

MODULE 8

Future Planning and Goal Setting

Session	Type	Resource	Activity / Student Task	Time
8.1 	Goal Setting	High School Goal Development (Goal Setting Tool)	Write 3 specific high school goals using Goal Setting Tool	~20 min
	Activity	<i>Goal Achievement Planning</i>	Write 2 actions and 2 milestones for each goal	~17 min
8.2 	Goal Setting	Long-Term Career Vision — 10-Year Goal in Pathful	Write a long-term goal in Pathful	~20 min
	Activity	<i>Vision-Personality Connection</i>	Connect a long term goal to RIASEC personality type and describe how this goal matches personality type	~17 min
8.3 	Career Search	Explore 3 postsecondary options (4-yr college, community college, trade school)	Research 3 postsecondary options in Career Search	~20 min
	Activity	<i>Education Option Comparison</i>	Rate each 1–5 on how well it fits your personality and goals	~17 min
8.4 	Career Search	Salary research for 3 careers of interest	Research salaries in Career Search	~20 min
	Assessment	Lifestyle Calculator Money vs. Values Balance	Take the Lifestyle Calculator assessment and the careers researched by importance (earning, meaning, stability, flexibility, advancement)	~17 min
8.5	Activity	<i>Personal Strengths Statement + High School Brand Building</i>	Write 2 personal strengths statements and write 4 specific ways to demonstrate your brand in high school	~37 min

MODULE 9

Advanced Career Exploration Techniques

Session	Type	Resource	Activity / Student Task	Time
9.1	Career Search	Research 4 career trends affecting your field of interest	Research 4 trends in your career field (technology, automation, demand, skills)	~25 min
	Activity	<i>Future Skills Prediction</i>	Predict which skills to develop	~12 min
9.2 	WBL	🚩 LIVE WBL SESSION Entrepreneurship / Innovation Professional	Submit request 3+ weeks in advance (entrepreneurship or innovation professional). Students write questions in advance. Q&A session.	Full period
9.3	Activity	<i>Career Competition Research</i>	Research competition in your career field: how many work in it, education required, average salary, and what makes candidates stand out	~37 min
9.4	Activity	<i>Professional Development Investment Calculator</i>	Calculate total investment for career preparation in a career interesting to you and include education cost, time, tools needed; compare the cost of preparation to your lifestyle calculator assessment and write whether investment feels worth it	~37 min
9.5 	Activity	<i>Career Plan B — 3 Backup Careers Using Similar Skills</i>	Identify 3 backup careers using similar skills to your primary career choice; explain why each is a viable alternative	~37 min

🚩 **REMINDER WBL SESSIONS SOON | Module 12 Session 5 – (entrepreneurship or small business owner).**

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 10

Advanced Study Skills and Academic Excellence

Session	Type	Resource	Activity / Student Task	Time
10.1	Activity	<i>Personal Study System Design</i>	Create comprehensive study system matching your personality type; include schedule, environment, and accountability tools	~37 min
10.2	Activity	<i>Academic Performance Deep Dive</i>	Analyze your academic strengths and challenges; create improvement strategies for weakest subject areas	~37 min
10.3	Activity	<i>Career-Academic Connection Map</i>	Map how each current subject connects to your top 3 career choices; identify which courses are most critical	~37 min
10.4	Activity	<i>Problem-Solving Method Practice</i>	Try 3 problem-solving approaches with real school challenges	~20 min
	Activity	<i>Critical Thinking Development Plan</i>	write personal plan for developing critical thinking	~17 min
10.5	Activity	<i>Academic Excellence Self-Check and Study Success Plan</i>	Rate yourself 1–5 in 6 academic areas; write specific improvement strategies for 2 lowest-rated areas	~37 min

REMINDER WBL SESSIONS SOON | Module 13 Session 5 – (technology industry professional).

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 11

Personal Development and Life Skills

Session	Type	Resource	Activity / Student Task	Time
11.1 	FlexLesson	Workplace Ethics	Complete lesson	~20 min
	Activity	<i>Ethical Decision Framework</i>	Write 4 personal guidelines for ethical decision-making	~15 min
11.2	FlexLesson	Introduction to Financial Literacy	Complete the lesson	~20 min
	Activity	<i>Money Attitudes Assessment + Personal Finance Planning</i>	Identify 1 want and 1 need for high school; write plan for managing money in high school to access these	~15 min
11.3 	Activity	<i>Wellness Interest Assessment + Personal Wellness Planning</i>	Rate interest in 6 wellness areas; create a wellness plan for high school including physical, mental, and social goals	~37 min
	Employability	Your Success Depends on Healthy Relationships, Relationships lead to Business Opportunities	Watch 2 videos;	~6 min
11.4	Activity	<i>Relationship Skills Assessment + Social Skills Development</i>	Rate yourself on 5 relationship skills; choose 2 lowest and write targeted development strategies	~33 min
	Activity	<i>Life Skills Assessment + Independence Development Planning</i>	Rate current ability in 6 life skills; choose 2 lowest; write a plan to build independence in each	~37 min
11.5				

MODULE 12

Innovation and Entrepreneurship

Session	Type	Resource	Activity / Student Task	Time
12.1	VJS	Entrepreneurship - Solar Equipment	Watch video	~5 min
	Activity	<i>Entrepreneur Traits Assessment + Business Idea Generation</i>	Identify the traits Deep Patel has as an Entrepreneur; Rate yourself on those traits; generate a business idea based on personality type and interests	~25 min
12.2	FlexLesson	Effective Problem Solving at Work	Complete the Lesson	~30 min
	Activity	<i>Problem Solving at School</i>	Identify a problem at school and design a solution	~10 min
12.3	Activity	<i>Simple Business Idea Description + Personality Business Match</i>	Describe your best business idea; write how your personality type would help you succeed as an entrepreneur	~37 min
12.4	VJS	Social Media Influencer	Watch the video	~6 min
	Activity	<i>Marketing Style Assessment + Customer Connection Planning</i>	List 4 marketing approaches mentioned in the video; write what marketing approaches you would use to connect with customers for your business idea	~30 min
12.5	WBL	 LIVE WBL SESSION Entrepreneurship Professional	Submit a request 3+ weeks in advance (entrepreneur or small business owner). Students write questions in advance about starting/running a business. Live Q&A.	Full period

MODULE 13

Technology and Future Careers

Session	Type	Resource	Activity / Student Task	Time
13.1	Activity	<i>Technology Career Change Research + Future Skills Prediction</i>	Choose 3 careers; research how technology is changing each; predict which 3 skills will matter most in 10 years	~37 min
13.2	Career Search	Technology Career	Find 3 technology careers that match your interests	~15 min
	Activity	<i>Technology Learning Planning</i>	Define 3 technology skills to focus on developing for the future	~20 min
13.3	Employability	Control Your Narrative on Social Media, Share on Social Media with a Purpose	Watch 2 videos	~5 min
	Activity	<i>Digital Footprint Assessment + Professional Online Planning</i>	Review your current social media and online presence; write a plan for building a positive professional online identity	~30 min
13.4	Activity	<i>AI Career Impact Research + Human Skills Development</i>	Research AI's impact on your 3 top careers; list 5 uniquely human skills your personality type will need to develop	~37 min
13.5 	WBL	🚩 LIVE WBL SESSION Technology Careers Professional	Submit request 3+ weeks in advance (technology industry professional). Students write questions in advance. Focus: technology trends, career paths, skills needed. Q&A session.	Full period

MODULE 14

Industry-Specific Career Deep Dives

Session	Type	Resource	Activity / Student Task	Time
14.1 	VJS	Physical Therapist	Watch VJS	~6 min
	Activity	<i>Healthcare Career Interest Assessment + Healthcare Impact Analysis</i>	Rate interest in 6 healthcare careers; choose 2 that interest you and analyze career impact and requirements	~31 min
14.2 	VJS	Engineering Technician	Choose an Engineering Technician VJS to watch	~5 min
	Activity	<i>STEM Career Interest Assessment + Technology Career Planning</i>	Rate interest in 6 STEM careers; choose 2 matching your RIASEC profile and write development plan	~31 min
14.3 	Activity	<i>Creative Career Interest Assessment + Creative Career Reality Research</i>	Rate interest in 6 creative careers; research the practical side of 2 that interest you (salary, competition, education)	~37 min
14.4 	Activity	<i>Business Career Interest Assessment + Business Skills Development</i>	Rate interest in 6 business career areas; choose top 2 and write development plan for skills needed	~37 min
14.5 	Activity	<i>Public Service Interest Assessment + Service Career Comparison</i>	Rate interest in 6 public service careers; compare 2 to similar private-sector roles (pay, mission, work culture)	~37 min

MODULE 15

Transition Planning and High School Launch

Session	Type	Resource	Activity / Student Task	Time
15.1 	Goal Setting	Setting Goals for Academic Success	Use the goal setting tool to develop 3 long-term goals for high school academics	~4 min
	Activity	<i>Academic Success Planning + Challenge Preparation</i>	Write 3 potential challenges and how you'll handle each	~33 min
15.2	Activity	<i>Social Success Strategy + Leadership Opportunity Planning</i>	Write strategies for building positive relationships in high school; plan 4 leadership opportunities to pursue	~33 min
15.3 	Activity	<i>Activity Interest Assessment + Activity Selection Reasoning</i>	Rate interest in 6 extracurricular activities; for top 4, write why each fits your goals, how it builds skills, and time commitment	~37 min
15.4	Activity	<i>Counseling Preparation + Academic Planning Organization</i>	Prepare to work with a high school counselor: write your career goals, preferred courses, and questions to ask	~37 min
15.5	Activity	<i>Achievement Celebration + High School Commitment Creation</i>	Write about your biggest personality discoveries and career insights; create 3 specific commitments for high school success	~37 min

9TH GRADE Career Exploration

Dive Deeper into Career Options

WBL SESSIONS THIS YEAR

WBL Sessions: Module 4 Session 5 • Modules 6–10 (Industry-Led Project) • Module 14 Session 5

MODULE 1

Welcome to High School Career Exploration

Session	Type	Resource	Activity / Student Task	Time
1.1 	Assessment	Interest Assessment (My Tracker)	Complete advanced Interest Assessment	~25 min
	Activity	<i>Interest Change Tracker</i>	Compare top 3 interests to prior year results; note what changed and why	~12 min
1.2 	Career Search	Top 3 career clusters — 3 careers each	Use Career Search to find 3 careers in your 3 top clusters	~37 min
	Activity	<i>Interest-Career Match</i>	Explain appeal of each and how they match your interests	
1.3 	Activity	<i>Interest-Career Connection Deep Research</i>	Choose top career from interest results; research entry-level, mid-level, and senior roles; map the career ladder	~37 min
1.4 	Employability	Learn To Crawl Before You Walk	Watch video	~4 min
	Activity	<i>Basic Skills to Achieve Success</i>	Identify two academic goals to achieve this year and find 3 basic skills you need to achieve each goal	~33 min
1.5 	Employability	Learn Goal Setting Through Music	Watch video	~4 min
	Goal Setting	9th Grade Goal Challenge (Goal Setting Tool)	Set 3 goals for the year: 1 career exploration, 1 academic, 1 personal — using Goal Setting Tool	~33 min

REMINDER WBL SESSIONS SOON | Module 4 Session 5 - (student professional choice).

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 2

Career Pathway Development

Session	Type	Resource	Activity / Student Task	Time
2.1 	FlexLesson	Job Exploration and Career Awareness	Complete FlexLesson	~25 min
	Activity	<i>Career Level Investigation</i>	Research 4 career levels in your top field (entry, mid, advanced, senior); write what each requires	~12 min
2.2 	FlexLesson	Choosing a Career Pathway	Complete Career Pathway FlexLesson	~25 min
	Activity	<i>Career Ladder Builder</i>	Build a 4-rung career ladder showing progression in your target field	~12 min
2.3 	FlexLesson	Researching Career Income	Complete Career Income FlexLesson	~25 min
	Activity	<i>Salary Reality Check</i>	Complete the Lifestyle Calculator Assessment; compare salary and education cost of two careers that match your desired lifestyle	~12 min
2.4	Employability	Building a Network Will Advance Your Career, How To Make Opportunities	Watch 2 videos	~6 min
	Activity	<i>Network Building List & Work Experience Menu</i>	List 5 types of career-helpful connections; choose from 4 types of work experience to pursue	~30 min
2.5 	Activity	<i>Career Plan Update in Pathful</i>	Update Pathful Career Plan with current career goals; document 3 institutions that support your pathway	~37 min

MODULE 3

Workplace Readiness and Professional Skills

Session	Type	Resource	Activity / Student Task	Time
3.1 	FlexLesson	Work-Based Learning	Complete WBL FlexLesson	~25 min
	Activity	<i>Work Experience Options</i>	List 4 WBL opportunities (shadowing, internship, part-time, volunteer); research which is available to you	~12 min
3.2 	FlexLesson	Workplace Readiness Skills	Complete Readiness FlexLesson	~25 min
	Activity	<i>Workplace Readiness Report Card</i>	Grade yourself A–F on 6 workplace readiness skills; write improvement goals	~12 min
3.3	FlexLesson	Soft and Hard Skills	Complete Skills FlexLesson	~25 min
	Activity	<i>Skills Inventory Challenge</i>	List 3 hard skills needed for your career; match to 3 soft skills employers value most	~12 min
3.4	FlexLesson	On the Job Etiquette and Workplace Expectations	Complete Etiquette FlexLesson	~25 min
	Activity	<i>Workplace Etiquette Test</i>	Read 4 workplace situations (Listed in Appendix); write the most professional response for each	~12 min
3.5	FlexLesson	Active Listening Skills in the Workplace	Complete Active Listening FlexLesson	~25 min
	Activity	<i>Active Listening Practice</i>	Practice with 3 scenarios (listening to boss, client, teammate); write key strategies	~12 min

MODULE 4

Job Application and Professional Preparation

Session	Type	Resource	Activity / Student Task	Time
4.1 	FlexLesson	How to Fill Out a Job Application	Complete Job Application FlexLesson	~25 min
	Activity	<i>Application Prep Sheet</i>	Create personal reference sheet with all information needed for applications	~12 min
4.2	FlexLesson	Qualities Employers Are Seeking	Complete Employer Qualities FlexLesson	~25 min
	Activity	<i>Employer Favorites Ranking</i>	Rank 6 employer-valued qualities by your current strength; write improvement plan	~12 min
4.3 	FlexLesson	Personal Presentation is Key to Making a Good First Impression	Complete First Impressions FlexLesson	~25 min
	Activity	<i>First Impression Scorecard</i>	Rate yourself Excellent/Good/Needs Work on 6 first impression factors	~12 min
4.4	Activity	<i>Achievement Collection</i>	List current achievements in 4 areas (academic, extracurricular, personal, community); write how each demonstrates employer-valued skills	~33 min
4.5 	WBL	■ LIVE WBL SESSION — Informational Interview (Student-Chosen Career)	Students vote on a career to explore. Submit a request 3+ weeks in advance. Students write questions in advance. Focus: daily work life, career path, advice for students. Q&A session.	Full period

■ **REMINDER WBL SESSIONS SOON | Modules 6–10 Industry-Led Projects – Professional Mentors in the project careers need to be scheduled. Read information about ILPs in the "How To Use This Guide" section.**

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 5

Professional Skills Development

Session	Type	Resource	Activity / Student Task	Time
5.1	Activity	<i>Skills I Have</i>	List 4 skills you're good at across school, sports, hobbies, and work; match to employer-valued qualities	~33 min
5.2 🔑	Employability	You Can Exercise Leadership Even If You're Not The Leader	Watch video	~4 min
	Activity	<i>Leadership Opportunities List</i>	List 6 high school leadership opportunities; choose 2 to pursue this year and explain why	~33 min
5.3 🔑	Employability	Collaboration with Others Leads to Success	Watch video	~4 min
	Activity	<i>Innovation Ideas</i>	Think of 3 common problems in your career field; write creative collaborative solutions for each	~33 min
5.4	Employability	How to Become More Self Aware and How it Drives Better Outcomes	Watch video	~4 min
	Activity	<i>Managing Your Day to be More Self Aware</i>	Track how you spend time for 1 school day; write 3 improvements for slowing down to become more self-aware.	~33 min
5.5	Employability	Learn To Overcome Obstacles Through Music	Watch video	~4 min
	Activity	<i>Change Adaptation Practice</i>	Reflect on 2 obstacles from you've had this year; describe how you overcame those obstacles or how you would change your reaction based upon your strengths	~33 min

PREPARATION FOR INDUSTRY-LED PROJECTS (ILP)

Students are grouped in teams and directed to choose an ILP for this week. Use the 6 weeks or 2 weeks option for ILP completion. 6+ weeks = 30+ hours of work, 2 weeks = 10-20 hours of work. Download the Information for Teachers document within the ILP preview for more options and information. Professionals can provide feedback at the beginning, middle or end of the project. Students need to determine when they want industry support. Request all live sessions at least 3 weeks in advance — Postpone this week and schedule for 3 weeks later if you have not done so.

MODULE 6-10

Industry-Led Project — Full WBL Series

Session	Type	Resource	Activity / Student Task	Time
6	WBL	Industry-Led Project Phase 1 — Kickoff and Research	Project introduction; team formation; career connection to the industry; research plan developed with industry professional	Full period
7	WBL	Industry-Led Project Phase 2 — Research and Data Analysis	Deep-dive research with professional guidance; data collection and industry analysis; mid-project check-in	Full period
8	WBL	Industry-Led Project Phase 3 — Ideation	Problem identification; solution brainstorming with professional feedback; peer review of concepts	Full period
9	WBL	Industry-Led Project Phase 4 — Finalize	Solution development; presentation or deliverable creation; professional feedback; final revision	Full period
10	WBL	Industry-Led Project Phase 5 — Presentation and Evaluation	Final presentations to industry professionals; evaluator Q&A; reflection; log project in Experience Tracker	Full period

REMINDER WBL SESSIONS SOON | Module 14 Session 5 - (Technology Skills Professional)

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 11

Career Research and Analysis

Session	Type	Resource	Activity / Student Task	Time
11.1	Employability	Careers in the Music Industry	Watch video	~4 min
	Activity	<i>Industry Trend Investigation</i>	Research 4 trends affecting your career field (tech, demand, skills, globalization); write about different career field options you would choose and why based upon your research	~33 min
11.2 🔑	Employability	Create a Resume That Gets You an Interview	Watch video	~4 min
	Activity	<i>Competition Research</i>	Research competition in your field: how many professionals, top employers, what makes candidates stand out; list content to add to your resume and get employer attention	~33 min
11.3 🔑	Employability & Assessment	Learn How to Budget to Increase Your Bank Account & Lifestyle Calculator Assessment	Watch the video then take the Lifestyle Calculator Assessment	~4 min
	Activity	<i>Professional Development Investment Calculator</i>	Research and calculate total cost of career prep (education, certifications, tools); write whether the investment makes sense	~33 min
11.4 🔑	FlexLesson	Choosing a Career Pathway	Complete lesson	~15 min
	Activity	<i>Career Plan B</i>	Identify 2 backup careers using similar skills; write why each is a viable alternative plan	~20 min
11.5	Employability	Being Bilingual Can Boost Your Career	Watch video	~4 min
	Activity	<i>International Career Research</i>	Research your career field internationally; write 3 global opportunities available in your field	~33 min

MODULE 12

Career Decision Making and Planning

Session	Type	Resource	Activity / Student Task	Time
12.1 	Activity	Assessment Progress	Review your Assessment results (My Tracker) and evaluate top 3 career choices using 5 criteria (salary, growth, lifestyle fit, values, education cost)	~33 min
12.2	Activity	Career Risk Planning	List 4 career risks in your career field of interest (market, automation/AI, outsourcing, recession); write strategies to manage each	~33 min
12.3 	Assessment	Work Values Survey	Complete the survey — a fresh response is needed each time	~8 min
	Activity	Values-Career Match Check	Rate 6 career values by importance from your assessment;; check whether top career aligns with each value	~25 min
12.4	Employability	The Importance of Building and Setting Goals	Watch video	~4 min
	Activity	Career Vision Statement + Career Plan Update	Write 10-year career vision statement; update Pathful Career Plan to reflect current goals	~33 min
12.5 	Activity	Commitment-Flexibility Plan	Write how you'll stay committed to your career plan while staying flexible to new opportunities	~33 min

MODULE 13

Industry Knowledge and Professional Insight

Session	Type	Resource	Activity / Student Task	Time
13.1	Activity	<i>Industry Analysis — Key Employers, Trends, Skills</i>	Research your industry: top 5 employers, current market size, 3 major trends, and 3 in-demand skills	~37 min
13.2	Activity	<i>Professional Organization Research</i>	Research 3 professional organizations in your field; write membership benefits, student access, and how to join	~37 min
13.3	Employability	How to Find a Mentor and be a Good Mentee	Watch video	~4 min
	Activity	<i>Mentorship Action Plan</i>	Plan how you'll find and work with a mentor; write 3 steps to start this year	~33 min
13.4 🔑	FlexLesson	Qualities Employers Are Seeking	Complete Employer Qualities FlexLesson	~22 min
	Activity	<i>Partner Discussion: What Makes You, You</i>	Discuss with partner what unique qualities would make you a future stand-out employee	~15 min
13.5 🔑	Employability	Do's and Don'ts of a Job Interview, Final Word On The Importance Of Your First Impression, What To Wear To An Interview	Watch 3 videos	~4 min
	Activity	<i>Personal Brand Foundation</i>	Start developing professional brand: write your value statement, professional appearance goals, and 3 brand actions for this year	~25 min

MODULE 14

Technology and Career Innovation

Session	Type	Resource	Activity / Student Task	Time
14.1	Activity	<i>Technology Career Change Research + Future Skills Prediction</i>	Research how tech is changing your 3 target careers; predict the 5 most important skills to develop in the next 5 years	~37 min
14.2	Activity	<i>Digital Skills Self-Assessment + Technology Learning Planning</i>	Rate your digital skills 1–5 in 8 areas; choose 3 to develop this year with specific learning steps (digital skill list and definitions in Appendix)	~33 min
14.3 🔑	Employability	Social Media Etiquette to Protect your Digital Footprint	Watch video	~4 min
	Activity	<i>Digital Footprint Assessment + Professional Online Planning</i>	Review current online presence; write a professional online identity plan (what to post, what to remove, how to network)	~33 min
14.4 🔑	Employability	What is Artificial Intelligence?, How to Use Artificial Intelligence Ethically	Watch 2 videos	~8 min
	Activity	<i>Ethical Use of at School & Work</i>	Read the list Artificial Intelligence Key Considerations; choose 2 to research and describe why these are important	~25 min
14.5 🔑	WBL	🚩 LIVE WBL SESSION — Technology Careers Professional	Submit request 3+ weeks in advance (technology/innovation professional). Students write questions in advance. Focus: technology trends, how skills are changing, advice for entering the field. Q&A.	Full period

MODULE 15

Career Exploration Synthesis

Session	Type	Resource	Activity / Student Task	Time
15.1	Activity	<i>Career Learning Summary</i>	Analyze this year's exploration: biggest insights, most interesting industry, skills developed, and what surprised you	~33 min
15.2	Employability	How to Engage Everyone In The Room To Lead Effectively	Watch video	~4 min
	Activity	<i>Skills Integration Assessment</i>	Evaluate how your professional skills work together; write 2 skills that need deeper development	~33 min
15.3 	Employability	Self-Advocacy Tips and Strategies	Watch video	~4 min
	Activity	<i>Confidence Assessment</i>	Rate confidence in 6 professional areas (See Appendix); write how you'll advocate for yourself in high school and beyond	~33 min
15.4 	Employability	Become a Self Advocate	Watch video	~4 min
	Activity	<i>Knowledge Application Plan</i>	Write how you'll apply this year's learning — career research, skills, industry knowledge, and relationships to advocate for yourself	~33 min
15.5	Activity	<i>Peer Learning Exchange Plan</i>	Plan how you'll learn from classmates by sharing career insights, industry knowledge, and goals for next year	~33 min

10TH GRADE Career Exploration

Formalize Your Career Plan

WBL SESSIONS THIS YEAR

WBL Sessions: Modules 5–10 (Industry-Led Project) • Module 11 Sessions 2 & 3 • Module 12 Session 3

MODULE 1

Welcome to Sophomore Year Career Planning

Session	Type	Resource	Activity / Student Task	Time
1.1 	Assessment	Lifestyle Calculator Planning (My Tracker)	Complete Lifestyle Calculator Assessment	~20 min
	Activity	<i>Lifestyle Priority Quick Rank</i>	Rank 6 lifestyle factors (salary, balance, security, travel, helping, creativity) 1–6; explain #1 priority	~15 min
1.2 	Employability	Steps to Achieving a Work/Life Balance	Watch video	~4 min
	Career Search	Career-Lifestyle Quick Match — 2 careers vs. lifestyle priorities	Research 2 careers in Career Search; record salary and schedule; rate each 1–10 on lifestyle match to your lifestyle priorities	~33 min
1.3 	FlexLesson	Adulting	Complete Adulting FlexLesson	~20 min
	Activity	<i>Adult Expense Reality Check</i>	List 5 major monthly adult expenses; note which surprised you most	~7 min
1.4 	FlexLesson	Creating a Personal Budget	Complete Budget FlexLesson	~30 min
	Activity	<i>Simple Budget Building</i>	Build a monthly budget for a \$3,000/month income; identify gaps	~7 min
1.5	FlexLesson	Taxes For Teens	Complete Taxes for Teens FlexLesson	~30 min
	Activity	<i>Teen Tax Calculator</i>	Calculate taxes for 3 teen job salary scenarios	~7 min

MODULE 2

Credit and Financial Literacy

Session	Type	Resource	Activity / Student Task	Time
2.1 	FlexLesson	Using Credit Responsibly	Complete Credit FlexLesson	~30 min
	Activity	<i>Credit Decision Practice</i>	Analyze 3 scenarios (car, college, home) — when to use credit vs. save	~7 min
2.2 	FlexLesson	Developing Strong Credit	Complete Strong Credit FlexLesson	~30 min
	Activity	<i>Credit Building Timeline</i>	Create 3-step credit plan for ages 18–20	~7 min
2.3 	FlexLesson	Personal Financial Statements	Complete Financial Statements FlexLesson	~25 min
	Activity	<i>Assets vs. Debts Comparison</i>	List assets and debts a typical 22-year-old might have	~10 min
2.4 	FlexLesson	Understanding Your Paycheck	Complete Paycheck FlexLesson	~30 min
	Activity	<i>Paycheck Math Check</i>	Define gross pay; calculate your gross pay if you work 10 hours at \$15/hour	~5 min
2.5 	FlexLesson	Selling and Buying on Social Media	Complete Social Media Buying/Selling FlexLesson	~30 min
	Activity	<i>Social Media Safety Rules</i>	Write 4 personal safety rules for online transactions	~7 min

MODULE 3

Professional Skills Development

Session	Type	Resource	Activity / Student Task	Time
3.1 	FlexLesson	Developing Your Workplace Intelligence	Complete Workplace Intelligence FlexLesson	~30 min
	Activity	<i>Workplace Situation Practice</i>	Review 3 workplace situations; write the most professional responses	~7 min
3.2 	FlexLesson	Interpersonal Skills in the Workplace	Complete Interpersonal Skills FlexLesson	~30 min
	Activity	<i>Communication Style Check</i>	Practice 3 communication approaches for 1 scenario	~7 min
3.3 	FlexLesson	21st Century 4 C's in the Workplace	Complete 4 C's FlexLesson	~30 min
	Activity	<i>4 C's Skills Match</i>	Match Communication, Collaboration, Critical Thinking, and Creativity to career tasks	~7 min
3.4 	FlexLesson	Effective Problem Solving at Work	Complete Problem Solving FlexLesson	~30 min
	Activity	<i>Problem Solving Steps Practice</i>	Apply 4-step process to a real workplace challenge you've observed	~7 min
3.5 	FlexLesson	Business and Meeting Etiquette	Complete Meeting Etiquette FlexLesson	~30 min
	Activity	<i>Professional Behavior Checklist</i>	Create do/don't list for 3 professional settings	~7 min

 **REMINDER WBL SESSIONS SOON | Module 11 Sessions 2 & 3 – (2 Professionals from different lifestyles share lifestyle reality of their career.)**

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 4

Career Exploration Through Lifestyle

Session	Type	Resource	Activity / Student Task	Time
4.1 	FlexLesson	Work/Life Balance	Complete Lesson	~25 min
	Activity	<i>Lifestyle-Career Reality Check</i>	Review Lifestyle Calculator results; compare to 2 careers — which truly supports your desired lifestyle?	~10 min
4.2 	FlexLesson	Financial Goal Setting	Complete lesson	~20 min
	Career Search	Salary planning for 3 careers	Research salary ranges for 3 careers in Career Search; list your financial goals and select the career that matches your financial goals	~15 min
4.3	Activity	<i>Work Environment Assessment</i>	Rate preferences 1–5 for 10 work environments (see appendix for list); write which 2 are non-negotiable for your wellbeing	~33 min
4.4 	Employability	How To Make Opportunities	Watch video	~4 min
	Career Search	Career growth investigation — 1 career in depth	Choose 1 career; research the full growth path from entry to senior level using Career Search	~33 min
4.5	Employability	Never Stop Learning	Watch video	~4 min
	Activity	<i>Future Career Preparation</i>	Research 1 target industry; identify 3 major future trends and write how you'll prepare for each	~33 min

PREPARATION FOR INDUSTRY-LED PROJECTS (ILP)

Students are grouped in teams and directed to choose an ILP for this week. Use the 6 weeks or 2 weeks option for ILP completion. 6+ weeks = 30+ hours of work, 2 weeks = 10-20 hours of work. Download the Information for Teachers document within the ILP preview for more options and information. Professionals can provide feedback at the beginning, middle or end of the project. Students need to determine when they want industry support. Request all live sessions at least 3 weeks in advance — Postpone this week and schedule for 3 weeks later if you have not done so.

MODULE 5-10 Industry-Led Project — Full WBL Series

Session	Type	Resource	Activity / Student Task	Time
5	WBL	Industry-Led Project Phase 1 — Kickoff and Research	Ask students to choose an Industry-Led Project. Schedule an introduction for each career in the chosen Industry-Led Projects; Form teams of 2-4 with the same Industry-Led Project; The industry professional will assist in developing a research plan during this session	Full period
6	WBL	Industry-Led Project Phase 2 — Research and Data Analysis	Deep-dive research with professional guidance; data collection and industry analysis; mid-project check-in	Full period
7	WBL	Industry-Led Project Phase 3 — Ideation	Industry professional assists with problem identification; solution brainstorming with professional feedback; peer review of concepts	Full period
8	WBL	Industry-Led Project Phase 4 — Finalize	Solution development; presentation or deliverable creation; professional feedback; final revision	Full period
9	WBL	Industry-Led Project Phase 5 — Presentation and Evaluation	Final presentations to industry professionals; evaluator Q&A; reflection; log project in Experience Tracker	Full period
10	WBL	Industry-Led Project Phase 1 — Kickoff and Research	Project introduction; team formation; career connection to the industry; research plan developed with industry professional	Full period

MODULE 11

Advanced Lifestyle and Career Planning

Session	Type	Resource	Activity / Student Task	Time
11.1	Employability	Achieving a Work/Life Balance	Watch video as a refresher	~4 min
	Activity	<i>Personal Lifestyle–Career Matrix – 4 careers</i>	Create matrix (see Appendix) comparing 4 careers on salary, schedule, environment, growth, and lifestyle match	~33 min
11.2 	WBL	■ LIVE WBL SESSION — Career Lifestyle Professional (Characteristic 1)	Students choose a career lifestyle characteristic to explore. Submit a request 3+ weeks in advance. A professional shares the lifestyle reality of their career. Student Q&A.	Full period
11.3 	WBL	■ LIVE WBL SESSION — Career Lifestyle Professional (Characteristic 2)	Students choose a second career lifestyle characteristic. Submit a request 3+ weeks in advance. The second professional shares a different lifestyle reality. Students prepare for Q&A.	Full period
11.4 	Activity	<i>Education Investment Analysis + Career Plan Update</i>	Choose 2 careers; compare education cost, time, and expected return; update Pathful Career Plan with findings	~37 min
11.5	Employability	Learn To Crawl Before You Walk	Watch video as a refresher	~4 min
	Activity	<i>Career Flexibility Plan</i>	Identify 3 core transferable skills; write how each could work across multiple career paths if plans change	~33 min

■ **REMINDER WBL SESSIONS SOON | Module 12 Sessions 3 – Informational Interview (Student-Chosen Career)**

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 12

Career Decision-Making and Planning

Session	Type	Resource	Activity / Student Task	Time
12.1 	FlexLesson	Choosing a Career Pathway	Complete Career Pathway FlexLesson	~20 min
	Activity	<i>Career Decision Matrix</i>	Create decision matrix weighing your top 3 career options against 5 personal criteria (use matrix in Appendix as a model)	~17 min
12.2	Employability	Never Stop Learning	Watch video as a refresher	~4 min
	Activity	<i>Career Readiness Assessment</i>	Choose 1 top career; assess your current readiness across education, skills, experience, and network	~33 min
12.3 	WBL	■ LIVE WBL SESSION — Informational Interview (Student-Chosen Career)	Students vote on a career to explore. Submit a request 3+ weeks in advance. Students write questions in advance. Informational interview format. Q&A session.	Full period
12.4 	Employability	Why Networking is Powerful at any Stage of Your Career	Watch video	~4 min
	Activity	<i>Career Exploration Action Plan</i>	Plan 3 career exploration activities for next 6 months (shadow, interview, volunteer, event)	~33 min
12.5 	FlexLesson	My Career Plan Outline	Complete My Career Plan FlexLesson	~20 min
	Activity	<i>Career Decision Timeline</i>	Create timeline of major career decisions from now through first 2 years after graduation	~17 min

MODULE 13

Professional Skills Mastery

Session	Type	Resource	Activity / Student Task	Time
13.1 	FlexLesson	Effective Communication in the Workplace	Complete Communication FlexLesson	~30 min
	Activity	<i>Communication Skills Partner Discussion</i>	Discuss with a partner: what communication styles does your career require most?	~7 min
13.2 	Employability	How To Be Proactive In Connecting With Mentors	Watch video	~4 min
	Activity	<i>Leadership Experience Documentation in Experience Tracker</i>	Document all leadership experiences to date in Pathful Experience Tracker; reflect on growth	~33 min
13.3 	Employability	Collaboration with Others Leads to Success	Watch 1 video	~4 min
	Activity	<i>Problem-Solving Mastery Assessment</i>	Apply problem-solving to a real challenge	~15 min
	Activity	<i>Teamwork Skills Reflection</i>	reflect on teamwork during Industry-Led Project	~12 min
13.4 	Activity	<i>Professional Portfolio Review and Update</i>	Review and update entire Pathful profile: assessments, career favorites, career plan, and experience tracker entries	~37 min
13.5	Activity	<i>Adaptability and Learning Self-Assessment</i>	Reflect on how you've adapted during this year; write 3 examples of learning through change	~33 min

MODULE 14

Junior Year Preparation and Transition Planning

Session	Type	Resource	Activity / Student Task	Time
14.1	Employability	How Your GPA Impacts Your Options	Watch video	~4 min
	Activity	<i>Junior Year Course Strategy</i>	Plan next year's courses to support career pathway; identify any gaps to close before senior year	~33 min
14.2 	FlexLesson	Work-Based Learning	Complete the lesson	~30 min
	Activity	<i>Junior Year Experience Planning</i>	Plan the types of WBL opportunities in specific careers for junior year (internship, CTE, job shadow, part-time, ILP)	~33 min
14.3	Employability	Considering Postsecondary Options	Watch video	~4 min
	Activity	<i>Junior Year Preparation Checklist</i>	Create month-by-month junior year action plan for college prep, career prep, and applications	~33 min
14.4	Employability	How To Be Proactive In Connecting With Mentors	Watch video	~4 min
	Activity	<i>Leadership Development Plan</i>	Plan leadership and extracurricular activities for junior year that build your career portfolio	~33 min
14.5	Employability	Be The Author Of Your Own Story	Watch video	~4 min
	Activity	<i>Values-Based Career Commitment</i>	Integrate work values into career commitment statement; write what you will and won't compromise on	~33 min

MODULE 15

Future Planning and Vision Development

Session	Type	Resource	Activity / Student Task	Time
15.1	Employability	How To Make Opportunities	Watch video	~4 min
	Activity	Five-Year Life Plan	Create comprehensive 5-year vision: career, education, finances, relationships, personal goals	~33 min
15.2	Employability	Understanding Flexibility, Never Stop Learning	Watch 2 videos	~6 min
	Activity	Alternative Path Planning	Develop Plan B for primary career;	~15 min
	Activity	Future-Proofing Career Strategy	Analyze industry trends and write how you'll stay ahead	~14 min
15.3	Activity	Personal Commitment Statement	Write comprehensive personal commitment to your career and postsecondary path	~33 min
15.4 	FlexLesson	Goal Setting	Complete the lesson and Set SMART goals for junior year within the lesson	~20 min
	Activity	Personal Success Definition	Write your personal definition of career success	~14 min
15.5	Activity	Personal Commitment Statement — Final Version	Finalize your personal commitment statement that integrates goals, values, lifestyle vision, and career direction	~33 min

11TH GRADE Preparation

Develop Professional Skills and Presence

WBL SESSIONS THIS YEAR

WBL Sessions: Modules 6–10 (Industry-Led Project) • Module 14 Session 5

MODULE 1

Welcome to Junior Year and Work Values Discovery

Session	Type	Resource	Activity / Student Task	Time
1.1 	Assessment	Work Values Assessment (My Tracker)	Complete Work Values Assessment	~25 min
	Activity	Values Priority List	Write top 5 work values; write 1 sentence per value on how it could influence a career choice	~12 min
1.2 	Career Search	Values-Career Alignment Check — 2 careers	Choose 2 careers; research in Career Search; rate each 1–10 on alignment with top 5 work values	~33 min
1.3 	Career Search	Entry-Level Values Check — 2 entry-level positions for top 3 values	For top 3 work values, research 2 entry-level positions that honor each value; rate the match	~33 min
1.4	Employability	How To Make Opportunities	Watch video as a refresher	~4 min
	Activity	Values-Based Decision Framework	List your top 5 work values (Independence, Achievement, Relationships, Recognition, Support, Working Conditions); assign each a weight 1–10; use framework to evaluate your primary career choice	~33 min
1.5	Employability	Ethics in the Workplace	Watch video	~4 min
	Activity	Values Comparison Chart	Rate yourself 1–5 on 6 professional values (integrity, accountability, respect, excellence, collaboration, innovation)	~33 min

MODULE 2

Professional Application Materials Development

Session	Type	Resource	Activity / Student Task	Time
2.1 	FlexLesson	Building Your Cover Letter	Complete Cover Letter FlexLesson; draft a cover letter for a target position in your career field	~37 min
2.2 	FlexLesson	2026 Job Seeking Skills: Writing a Resume	Complete Resume FlexLesson	~30 min
	Activity	<i>Resume Content Inventory</i>	list high school achievements in 6 categories for resume inclusion	~7 min
2.3 	FlexLesson	What to Expect in an Interview	Complete What to Expect in an Interview FlexLesson	~30 min
	Activity	<i>Plan Interview Responses</i>	Develop 3 – 4 responses to the question, "Tell us about yourself and why you have applied to this position?"	~7 min
2.4 	FlexLesson	Understanding the Importance of Your Resume	Complete Resume Importance FlexLesson	~30 min
	Activity	<i>Resume Impact Research</i>	Find 3 facts about how resumes are screened in hiring processes	~7 min
2.5	FlexLesson	Preparing for an Informational Interview	Complete Informational Interview FlexLesson	~30 min
	Activity	<i>Interview Preparation Kit</i>	Create prep checklist with 6 questions, appearance goals, and follow-up plan	~7 min

 REMINDER WBL SESSIONS SOON | Module 6–10 – Industry-Led Projects

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 3

Advanced Professional Skills Development

Session	Type	Resource	Activity / Student Task	Time
3.1 	FlexLesson	What to Expect in an Interview	Complete Interview FlexLesson	~40 min
3.2 	FlexLesson	Networking	Complete Networking FlexLesson	~20 min
	Activity	<i>Networking Action Plan</i>	Write 3 specific networking actions and Discuss with partner what type of networking fits your personality and your actions	~15 min
3.3 	Activity	<i>Interview Response Practice</i>	Prepare responses to 3 common interview questions using STAR format (See Appendix for definition and worksheet)	30 min
3.4 	FlexLesson	Technical Workplace Terminology	Complete Workplace Terminology FlexLesson	~30 min
	Activity	<i>Professional Vocabulary Builder</i>	Master 8 essential terms for your career field; write a sentence using each	~7 min
3.5 	FlexLesson	Handling Constructive Criticism	Complete Criticism FlexLesson	~30 min
	Activity	<i>Feedback Response Framework</i>	Create 4-step system for receiving and acting on feedback professionally	~7 min

MODULE 4

Advanced Workplace Environment Skills

Session	Type	Resource	Activity / Student Task	Time
4.1 	FlexLesson	What is a Hostile Work Environment?	Complete Hostile Work Environment FlexLesson	~30 min
	Activity	<i>Workplace Environment Assessment</i>	Learn to identify signs and appropriate reporting steps	~7 min
4.2	FlexLesson	ADA Accessibility and Accommodations	Complete ADA FlexLesson	~30 min
	Activity	<i>Accessibility Leadership Planning</i>	Understand disability rights; write how you'd support an inclusive workplace	~7 min
4.3	FlexLesson	Ergonomics and Workplace Design	Complete Ergonomics FlexLesson	~30 min
	Activity	<i>Personal Workspace Optimization</i>	Research ergonomic principles for your target career's work environment	~7 min
4.4	FlexLesson	Identifying Unsafe Work Conditions	Complete Safety FlexLesson	~30 min
	Activity	<i>Safety Advocacy Skills</i>	Develop skills for recognizing unsafe conditions and appropriate steps to report them	~7 min
4.5	FlexLesson	Writing Papers and Essays	Complete Writing FlexLesson	~30 min
	Activity	<i>Professional Writing Portfolio</i>	Practice professional writing by creating 3 short work documents (email, summary, memo)	~7 min

MODULE 5

Professional Communication and Planning

Session	Type	Resource	Activity / Student Task	Time
5.1 	FlexLesson	Beating Writer's Block	Complete Writer's Block FlexLesson	~30 min
	Activity	<i>Professional Writing System</i>	Develop personal strategies for starting and completing professional writing tasks	~7 min
5.2 	FlexLesson	Workplace Ethics	Complete Workplace Ethics FlexLesson	~30 min
	Activity	<i>Ethical Decision Framework</i>	Build a personal framework for navigating ethical challenges	~7 min
5.3	FlexLesson	Note Taking Skills	Complete Note Taking FlexLesson	~30 min
	Activity	<i>Professional Note-Taking System</i>	Master professional note-taking for meetings, interviews, and training sessions	~7 min
5.4	FlexLesson	Understanding Teacher Feedback	Complete Teacher Feedback FlexLesson	~30 min
	Activity	<i>Feedback Integration System</i>	Develop a system for receiving, documenting, and acting on feedback	~7 min
5.5 	FlexLesson	My Career Plan	Complete My Career Plan FlexLesson	~30 min
	Activity	<i>Professional Development Blueprint</i>	Create comprehensive professional development blueprint for senior year and beyond	~7 min

PREPARATION FOR INDUSTRY-LED PROJECTS (ILP)

Students are grouped in teams and directed to choose an ILP for this week. Use the 6 weeks or 2 weeks option for ILP completion. 6+ weeks = 30+ hours of work, 2 weeks = 10-20 hours of work. Download the Information for Teachers document within the ILP preview for more options and information. Professionals can provide feedback at the beginning, middle or end of the project. Students need to determine when they want industry support. Request all live sessions at least 3 weeks in advance — Postpone this week and schedule for 3 weeks later if you have not done so.

MODULE 6-10

Industry-Led Project — Full WBL Series

Session	Type	Resource	Activity / Student Task	Time
6	WBL	Industry-Led Project Phase 1 — Kickoff and Research	Project introduction (new industry from prior years); team formation; industry research; research plan developed with professional	Full period
7	WBL	Industry-Led Project Phase 2 — Research and Data Analysis	Deep-dive research with professional guidance; data collection; career connection within the industry	Full period
8	WBL	Industry-Led Project Phase 3 — Ideation	Problem identification; solution brainstorming with professional feedback; peer review	Full period
9	WBL	Industry-Led Project Phase 4 — Finalize	Solution development; presentation creation; professional feedback; revision and final polish	Full period
10	WBL	Industry-Led Project Phase 5 — Presentation and Evaluation	Final presentations to industry professionals; Q&A; reflection; log in Experience Tracker	Full period

REMINDER WBL SESSIONS SOON | Module 14 Session 5 (professional who recently transitioned into their field)

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 11

Advanced Professional Skills Integration

Session	Type	Resource	Activity / Student Task	Time
11.1 	FlexLesson	Effective Communication in the Workplace	Complete Lesson	~20 min
	Activity	<i>Communication Skills Practice</i>	Create 3 professional communication examples in your target career field (email, briefing, feedback)	~15 min
11.2	Employability	How To Be Proactive In Connecting With Mentors	Watch video	~4 min
	Activity	<i>Leadership Experience Inventory</i>	List 4 leadership experiences from this year; reflect on growth and identify next steps	~33 min
11.3 	Activity	<i>Problem-Solving Framework Application</i>	Apply 6-step problem-solving framework to a real challenge in your life or school (See Appendix)	~33 min
11.4 	Employability	Ethics in the Workplace	Watch video	~4 min
	Activity	<i>Ethical Decision Practice</i>	Practice ethical decision-making in 2 complex workplace scenarios with competing interests	~33 min
11.5	Employability	Never Stop Learning	Watch video as a refresher	~4 min
	Activity	<i>Professional Development Self-Assessment</i>	Rate yourself 1–5 on 6 professional development areas; write growth plan for each rated below 4	~33 min

MODULE 12

Strategic Career Planning and Preparation

Session	Type	Resource	Activity / Student Task	Time
12.1	Employability	How To Make Opportunities	Watch video	~4 min
	Activity	<i>Career Timeline Planning</i>	Create career timeline with milestones (graduation, first job, 1-year, 3-year, 5-year goals)	~33 min
12.2 	FlexLesson	Developing Your Workplace Intelligence	Complete Workplace Intelligence FlexLesson	~30 min
	Activity	<i>Partner Discussion: Unique Workplace Intelligence Needs</i>	Discuss with partner what unique workplace intelligence you'll need in your field	~7 min
12.3 	FlexLesson	Nonverbal Communication in the Workplace	Complete Nonverbal Communication FlexLesson	~25 min
	Activity	<i>Nonverbal Communication Goals</i>	Reflect on areas where your body language may need improvement; write 2 goals	~12 min
12.4 	FlexLesson	Employer Expectations	Complete Employer Expectations FlexLesson	~25 min
	Activity	<i>Discussion: Employer vs. Teacher Expectations</i>	Discuss how employer expectations differ from and align with school expectations	~12 min
12.5	Activity	<i>Professional Skills Inventory</i>	Rate yourself 1–5 on 8 professional skills (see Appendix); identify 2 to prioritize before graduation	~33 min

MODULE 13

Advanced Professional Preparation

Session	Type	Resource	Activity / Student Task	Time
13.1 	Activity	Summer Experience Plan — 6 Opportunities	Research 6 professional experience opportunities (See Appendix)	~33 min
13.2	Activity	Skills Gap Analysis	Find a career job posting; compare current skills to job posting requirements for target career; identify 3 gaps to close before graduation	~33 min
13.3 	FlexLesson	Understanding Growth Mindset	Complete Growth Mindset FlexLesson	~25 min
	Activity	Reflecting on Your Plan — Partner Discussion	Discuss with partner which skills you still need and concrete steps to develop them	~12 min
13.4 	Employability	Keys to Effective Leadership	Watch video	~4 min
	Activity	Senior Year Leadership Goals — 3 goals	Set 3 specific senior year leadership goals (examples: run for office, lead a club, start an initiative)	~33 min
13.5 	Employability	Why Networking is Powerful at any Stage of Your Career	Watch video	~4 min
	Activity	Senior Year Networking Plan — 8 Contacts	List 8 specific people to connect with during senior year; write outreach plan for each	~33 min

MODULE 14

Personal Branding and Professional Identity

Session	Type	Resource	Activity / Student Task	Time
14.1 🔑	FlexLesson	Personal Presentation is Key to Making a Good First Impression	Complete the lesson	~30 min
	Activity	<i>Professional Brand Elements</i>	List a key brand element (value statement, top skills, personality strengths, visual style, communication voice) that is a strength for you	~5 min
14.2	Employability	How to use LinkedIn to Build Your Professional Network	Watch video	~4 min
	Activity	<i>Online Presence Audit</i>	Audit and optimize your digital professional presence; create action plan for what to add, update, or remove	~33 min
14.3 🔑	Employability	Effective Communication in the Workplace	Watch video	~4 min
	Activity	<i>Communication Format Practice</i>	Practice 4 professional communication formats (email, presentation, networking message, thank-you note)	~33 min
14.4 🔑	Employability	The Importance of Building and Setting Goals	Watch video	~4 min
	Goal Setting	SMART Senior Year Goals — 6 goals (2 academic, 2 career, 2 personal)	Using the Goal Setting tool, Set 6 SMART goals for senior year with specific accountability measures for each	~33 min
14.5 🔑	WBL	■ LIVE WBL SESSION — Career Transition Professional	Submit request 3+ weeks in advance (professional who recently transitioned into their field). During the session, document 4 key transition strategies. Student Q&A.	Full period

MODULE 15

Senior Year Launch and Professional Commitment

Session	Type	Resource	Activity / Student Task	Time
15.1	Employability	Why Networking is Powerful at any Stage of Your Career	Watch video	~4 min
	Activity	<i>Professional Relationship Skills Assessment</i>	Rate yourself 1–5 on 6 professional relationship skills; write growth strategies for 2 weakest areas	~33 min
15.2	Employability	How To Be Proactive In Connecting With Mentors	Watch video	~4 min
	Activity	<i>Possible Mentor Analysis</i>	Review clubs, sports, and community groups for potential mentors; write outreach plan for top 3 candidates	~33 min
15.3	Activity	<i>Innovation Skills Practice</i>	Apply creative problem-solving to 2 current challenges in your school or community	~33 min
15.4 	Goal Setting	Career Impact Goals — 3 areas	Define career impact goals in 3 areas (community, industry, personal legacy); write how senior year builds toward each	~33 min
15.5	Employability	Be The Author Of Your Own Story	Watch video	~4 min
	Activity	<i>Career Elements Summary</i>	Create comprehensive summary of career exploration journey: assessments, interests, values, skills, goals, and next steps	~33 min

12TH GRADE Career Placement

Launch Into Career or Postsecondary Life

 WBL SESSIONS THIS YEAR

WBL Sessions: Modules 4–8 (Industry-Led Project 1) • Module 10 Session 1 • Module 12 Session 1 • Modules 13–17 (Industry-Led Project 2)

Session	Type	Resource	Activity / Student Task	Time
1.1 	FlexLesson	Introduction to Your Transition Plan Part 1	Complete Transition Plan Part 1 FlexLesson;	~37 min
	Activity	<i>Complete Assessments</i>	Begin comprehensive portfolio integrating all prior assessments	
1.2 	FlexLesson	Introduction to Your Transition Plan Part 2	Complete Transition Plan Part 2 FlexLesson;	~37 min
	Activity	<i>Complete Portfolio Components</i>	Continue portfolio framework; identify key components remaining to complete	
1.3	FlexLesson	Self-Advocacy	Complete Self-Advocacy FlexLesson	~30 min
	Activity	<i>My Tracker Review — document what's complete and what's missing</i>	Review My Tracker; note any assessments or content not yet completed	~7 min
1.4	Employability	Self-Motivation Will Drive Your Own Success	Watch video	~4 min
	Activity	<i>Assessment Results Chart — all 4 assessments</i>	Review all 4 assessment results (Interest, Lifestyle, Personality, Work Values); create integration chart showing patterns across all four	~33 min
1.5 	Activity	<i>CareerPlan — document 3 postsecondary options in Pathful</i>	Use Career Plan in Pathful to document and compare 3 postsecondary options; confirm which aligns best with goals	~37 min

 REMINDER WBL SESSIONS SOON | Module 4-8 - Industry-Led Projects

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 2

FAFSA Preparation and Financial Planning

Session	Type	Resource	Activity / Student Task	Time
2.1 	FlexLesson	FAFSA 101: Understanding Financial Aid – Updated for 2026–2027	Complete FAFSA 101 FlexLesson; understand FAFSA eligibility, timeline, and what information is needed	~37 min
2.2 	FlexLesson	A Guide to the FAFSA – Updated for 2026–2027	Walk through the steps of how to complete the FAFSA	~37 min
2.3 	Employability	Financial Goal Setting	Watch video	~4 min
	School Search	College Cost Comparison — 4 schools on shortlist	Use College Search to compare cost of attendance, financial aid, and net price for 4 colleges on your list	~33 min
2.4 	Employability	Steps to Funding Postsecondary Education	Watch video	~4 min
	Activity	<i>Aid Package Practice + Scholarship Priority Tracker</i>	Create financial aid comparison chart; research and track 6 scholarships with deadlines and requirements	~33 min
2.5 	Activity	<i>Financial Planning Summary — tuition, aid, scholarships, remaining cost</i>	Compile complete financial picture: estimated tuition, projected aid, scholarships applied for, and remaining gap to cover	~37 min

MODULE 3

Professional Communication and Workplace Excellence

Session	Type	Resource	Activity / Student Task	Time
3.1 	FlexLesson	Workplace Ethics	Complete Workplace Ethics FlexLesson;	~37 min
	Activity		Review ethical principles for the workplace; write a personal ethics statement	
3.2	FlexLesson	Practicing Inclusivity in the Workplace	Complete Inclusivity FlexLesson	~37 min
	Activity	<i>Promoting Inclusivity</i>	Identify 3 ways you'll actively promote inclusivity in your first workplace	
3.3 	FlexLesson	Interpersonal Skills in the Workplace	Complete Interpersonal Skills FlexLesson;	~37 min
	Activity	<i>Collaboration Skills</i>	Connect academic collaboration skills to what will be needed professionally	
3.4 	FlexLesson	Addressing Procrastination	Complete Procrastination FlexLesson	~37 min
	Activity	<i>Procrastination Triggers</i>	Identify your top 2 procrastination triggers; write specific strategies to address each	
3.5 	FlexLesson	Active Listening Skills	Complete Active Listening FlexLesson;	~37 min
	Activity	<i>Practice Active Listening</i>	Practice active listening in 3 professional scenarios; write key takeaways	

PREPARATION FOR INDUSTRY-LED PROJECTS (ILP)

Students are grouped in teams and directed to choose an ILP for this week. Use the 6 weeks or 2 weeks option for ILP completion. 6+ weeks = 30+ hours of work, 2 weeks = 10-20 hours of work. Download the Information for Teachers document within the ILP preview for more options and information. Professionals can provide feedback at the beginning, middle or end of the project. Students need to determine when they want industry support. Request all live sessions at least 3 weeks in advance — Postpone this week and schedule for 3 weeks later if you have not done so.

MODULE 4-8

Industry-Led Project 1 — Full WBL Series

Session	Type	Resource	Activity / Student Task	Time
4 	WBL	Industry-Led Project Phase 1 — Kickoff and Research	Project introduction (new industry from prior years); team formation; industry research; research plan developed with professional	Full period
5 	WBL	Industry-Led Project Phase 2 — Research and Data Analysis	Deep-dive research with professional guidance; data collection; career connection within the industry	Full period
6 	WBL	Industry-Led Project Phase 3 — Ideation	Problem identification; solution brainstorming with professional feedback; peer review	Full period
7 	WBL	Industry-Led Project Phase 4 — Finalize	Solution development; presentation creation; professional feedback; revision and final polish	Full period
8 	WBL	Industry-Led Project Phase 5 — Presentation and Evaluation	Final presentations to industry professionals; Q&A; reflection; log in Experience Tracker	Full period

REMINDER WBL SESSIONS SOON | Module 10 Session 1 – First Job Advice Professional

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 9

Professional Excellence and Workplace Success

Session	Type	Resource	Activity / Student Task	Time
9.1 	FlexLesson	Understanding OSHA	Complete OSHA FlexLesson	~30 min
	Activity	<i>Class Discussion: Why workplace safety matters in any career</i>	Discuss: how do OSHA standards apply to your target career field?	~7 min
9.2	FlexLesson	Workplace Safety Tips	Complete Workplace Safety FlexLesson; identify 3 safety practices relevant to your career field	~37 min
9.3	FlexLesson	Spotlight on Disabilities in the Workplace	Complete Disabilities FlexLesson	~30 min
	Activity	<i>Class Discussion: Why all employees need disability awareness</i>	Discuss how disability awareness impacts team culture and workplace inclusion	~7 min
9.4	FlexLesson	Nonverbal Communication in the Workplace	Complete Nonverbal Communication FlexLesson; practice the 6 key nonverbal behaviors employers value most	~37 min
9.5	FlexLesson	Time and Task Management	Complete Time and Task Management FlexLesson	~27 min
	Activity	<i>Personal Time Management System Design</i>	Design your personal time management system for your first job	~10 min

MODULE 10

Reflecting on Your Experiences

Session	Type	Resource	Activity / Student Task	Time
10.1 	WBL	■ LIVE WBL SESSION — First Job Advice Professional	Submit request 3+ weeks in advance (professional in early stage of career or hiring manager). Students prepare questions specific to their career interests. Q&A session focused on what actually matters in your first year.	Full period
10.2 	Employability	Leaders Develop Cohesive Teams	Watch video	~4 min
	Activity	<i>Leadership Portfolio Creation in Experience Tracker</i>	document all leadership experiences in Pathful Experience Tracker; reflect on growth across all years	~33 min
10.3 	Employability	The Art of Team Building	Watch video	~4 min
	Activity	<i>Collaboration Skills Assessment</i>	Evaluate teamwork performance from Industry-Led Project 1; write 2 collaboration skills to strengthen	~33 min
10.4 	Employability	Collaboration with Others Leads to Success	Watch video	~4 min
	Activity	<i>Service Impact Documentation + Class Discussion</i>	Document all community service in Experience Tracker; discuss why service matters to employers	~33 min
10.5 	Employability	The Meaning of Collaboration	Watch video	~4 min
	Activity	<i>Mentorship Experience Analysis</i>	Document mentorship relationships from all years; analyze what you gained from each connection	~33 min

■ **REMINDER WBL SESSIONS SOON | Module 12 Session 1 (Resume Q&A and Feedback) · Modules 13–17 Industry-Led Projects**

Request all live sessions at least 3 weeks in advance — please schedule if you have not done so.

MODULE 11

Professional Application Materials Development

Session	Type	Resource	Activity / Student Task	Time
11.1 	FlexLesson	Building Your Cover Letter	Complete Cover Letter FlexLesson; write final cover letter targeted to a real posting in your career field	~37 min
11.2 	Employability	Create a Resume that Gets You an Interview	Watch video	~5 min
	Activity	<i>Resume Content Inventory — Senior Year Version</i>	Update resume with all senior-year experiences, skills, and achievements	~30 min
11.3 	FlexLesson	Job Seeking Skills: Resumes	Complete Resume Skills FlexLesson;	~30 min
	Activity	<i>Resume Format Comparison</i>	Review formats and select best for your career field; make format decision	~7 min
11.4 	FlexLesson	Understanding the Importance of Your Resume	Complete Resume Importance FlexLesson	~30 min
	Activity	<i>Resume Impact Research</i>	research current (Applicant Tracking System) ATS and hiring trends in your target field	~7 min
11.5 	FlexLesson	Preparing for an Informational Interview	Complete Informational Interview FlexLesson;	~30 min
	Activity	<i>Interview Preparation Kit — Final</i>	finalize interview preparation kit with tailored questions for your career field	~7 min

MODULE 12

Career Launch and Future Planning

Session	Type	Resource	Activity / Student Task	Time
12.1 	WBL	■ LIVE WBL SESSION — Resume Q&A and Feedback	Submit request 3+ weeks in advance (HR professional or hiring manager). Students submit resumes in advance. Professional provides live feedback. Students document 4 changes to make.	Full period
12.2	Activity	<i>Apply WBL Feedback — revise resume and cover letter based on professional feedback</i>	Apply all feedback from WBL session; update resume and cover letter; share with peer for second review	~37 min
12.3	Employability	Everything You Need to Know and Do to Nail the Interview and Get the Job	Watch video	~4 min
	Activity	<i>Interview Response Development Practice</i>	Write complete 2–3 sentence responses to 6 common interview questions using STAR format (see Appendix)	~33 min
12.4	Employability	Versatility in Skillsets Can Enhance Your Career	Watch 1 video	~4 min
	Activity	<i>Future-Proofing Career Strategy</i>	Write reflection on staying flexible in job search; analyze future industry trends and how to stay ahead	~15 min
12.5	Employability	Why Critical Thinking Matters to Employers	Watch video	~4 min
	Activity	<i>Critical Thinking Skills Application</i>	Practice systematic problem-solving with 3 real scenarios from your target career field	~33 min

PREPARATION FOR INDUSTRY-LED PROJECTS (ILP)

Students are grouped in teams and directed to choose an ILP for this week. Use the 6 weeks or 2 weeks option for ILP completion. 6+ weeks = 30+ hours of work, 2 weeks = 10–20 hours of work. Download the Information for Teachers document within the ILP preview for more options and information. Professionals can provide feedback at the beginning, middle or end of the project. Students need to determine when they want industry support. Request all live sessions at least 3 weeks in advance — Postpone this week and schedule for 3 weeks later if you have not done so.

MODULE 13-17

Industry-Led Project 2 — Full WBL Series

Session	Type	Resource	Activity / Student Task	Time
13 	WBL	Industry-Led Project 2 Phase 1 — Kickoff and Research	New industry (different from Project 1); project introduction; team formation; research plan with professional	Full period
14 	WBL	Industry-Led Project 2 Phase 2 — Research and Data Analysis	Deep-dive research; data collection; career connections; professional check-in	Full period
15 	WBL	Industry-Led Project 2 Phase 3 — Ideation	Problem identification; solution brainstorming; professional feedback; peer review	Full period
16 	WBL	Industry-Led Project 2 Phase 4 — Finalize	Solution development; deliverable creation; professional feedback; final revision	Full period
17 	WBL	Industry-Led Project 2 Phase 5 — Presentation and Evaluation	Final presentations; Q&A; reflection; compare insights from Industry 1 vs. Industry 2; update Experience Tracker	Full period

MODULE 18

Career Exploration Completion

Session	Type	Resource	Activity / Student Task	Time
18.1 	Activity	<i>Portfolio and Career Readiness Comprehensive Assessment — all 4 assessments integrated</i>	Compile final portfolio integrating all 4 assessment results, career insights, goals, and career plan into one cohesive document	~37 min
18.2 	Activity	<i>Postsecondary Enrollment or Employment Confirmation</i>	Confirm and document your career plan: enrollment acceptance, job offer, military enrollment, or apprenticeship. Update Pathful Career Plan.	~37 min
18.3	Activity	<i>Industry Knowledge and Market Understanding — comprehensive documentation</i>	Research and document your industry: top employers, current market conditions, 3 major trends, and skills in demand	~37 min
18.4	Activity	<i>Lifelong Learning Strategic Plan</i>	Create a comprehensive professional development plan for your first 2 years post-graduation: skills to develop, certifications to earn, networks to build	~37 min
18.5	Activity	<i>Final Reflection — Class Discussion + Portfolio Check</i>	Discuss as a class how you've grown over your career readiness journey. Final check: ensure resume, cover letter, portfolio, and Pathful profile are complete and current.	~37 min

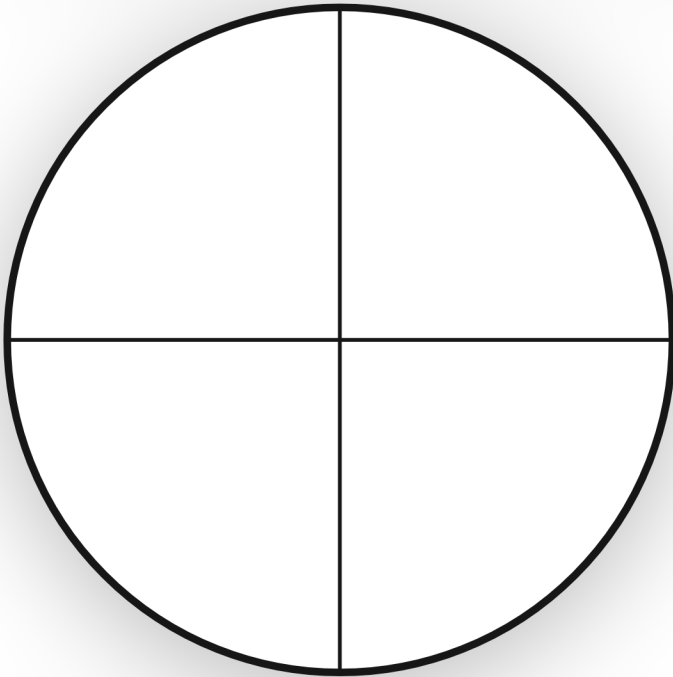
Implementation Protocols

Interest Discovery Circle
T-Chart
Sentence Stems for Yearly Growth
Learning Habits
Workplace Étiquette Situations
Technology Skills for Career Success
Key Considerations for Using AI Ethically
10 Common Work Environments
What is the STAR Method
Example of STAR Response
Tips for Strong STAR Responses
Common Behavioral Interview Questions to Practice
6-Step Problem-Solving Framework

Implementation Protocols

Interest Discovery Circle

A quick reflective activity where students divide a circle into four sections and fill each with something they love doing, a favorite subject, an activity that makes them happy, and something they're good at — then use those four clues to identify a career that connects to who they are.



One career that connects to these: _____

T-Chart

A T-chart is a simple graphic organizer shaped like a “T” that compares two ideas side by side. Each column is labeled with a topic, and related details are listed underneath. It helps organize thinking, clarify differences, and support decision-making or writing.

- Pros vs. Cons
- Fact vs. Opinion

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Sentence Stems for Yearly Growth

1. The most important thing I learned about careers this year was...
2. Something that surprised me about the world of work was...
3. A career I never considered before this year that now interests me is...
4. Something I learned about myself that I didn't know before is...
5. The skill I worked hardest to develop this year was...
6. The moment that changed how I think about my future was...
7. Something I used to believe about careers that I now see differently is...
8. A question I'm still thinking about is...
9. The experience that taught me the most this year was...
10. One thing I want to carry with me into next year is...
11. One important thing I learned this year was...
12. Something that challenged me this year was...
13. A skill I improved during this year is...
14. One lesson I will take with me next year is...
15. Something I am proud of accomplishing this year is...

Learning Habits

1. Set Clear Learning Goals	Students identify what they want to learn or improve each week and track their progress toward those goals.
2. Stay Organized	Keep assignments, notes, and materials organized using folders, planners, or digital tools.
3. Manage Time Effectively	Break large tasks into smaller steps and plan time for studying, homework, and projects.
4. Ask Questions	When something is unclear, students ask teachers, peers, or mentors for clarification.
5. Take Active Notes	Write down key ideas during lessons and review them regularly to strengthen understanding.
6. Practice Consistently	Revisit concepts and practice skills over time rather than cramming before tests.
7. Reflect on Learning	Think about what worked well, what was challenging, and what strategies to try next time.
8. Seek Feedback and Use It	Listen to feedback from teachers and peers and use it to improve work and understanding.
9. Stay Curious and Explore	Go beyond assignments by researching topics of interest, asking deeper questions, or connecting ideas to real life.
10. Persevere Through Challenges	View mistakes as part of learning and continue working even when tasks feel difficult.

Workplace Etiquette Situations

Dominating Conversations	One person monopolizes meetings or talks over others, making teammates feel unheard and slowing group progress.
Miscommunication via Email	Unclear, too-casual, or emotionally charged messages create confusion, offense, or misunderstandings between colleagues.
Interpersonal Tension	Unresolved disagreements between coworkers escalate into ongoing friction that affects team morale and productivity.
Messy or Disrespectful Shared Spaces	Leaving common areas cluttered or being inconsiderate of noise disrupts others' focus and creates workplace resentment.

Technology Skills for Career Success

Digital communication and collaboration	Proficiency with email, video conferencing, shared documents, and workplace messaging platforms like Slack or Teams to work effectively with colleagues and clients.
Data literacy	The ability to read, interpret, and draw conclusions from data, including understanding basic charts, spreadsheets, and metrics relevant to their field.
Information evaluation and digital research	Knowing how to find credible sources, verify information, recognize misinformation, and conduct efficient online research.
Basic productivity software	Competence with word processing, spreadsheets, and presentation tools (Microsoft Office, Google Workspace) that remain foundational across nearly every industry.
Cybersecurity awareness	Understanding password hygiene, recognizing phishing attempts, protecting sensitive information, and following organizational security protocols.
AI and automation literacy	Familiarity with how AI tools work, when to use them appropriately, and how to critically evaluate their outputs—increasingly essential as these tools become standard in workplaces.
Adaptability to new technologies	The meta-skill of learning unfamiliar software, platforms, and tools quickly, since specific technologies will continue to evolve throughout their careers.
Digital project and task management	Experience using tools like Trello, Asana, Monday, or similar platforms to organize work, track deadlines, and coordinate with teams.

Key Considerations for Using AI Ethically

Accuracy and verification	AI can generate confident-sounding but incorrect information. Always fact-check AI outputs against reliable sources before using or sharing them, especially for important decisions or assignments.
Academic and professional integrity	Be transparent about when and how AI assisted your work. Understand your school's academic honesty policies and your employer's guidelines for AI use, and give appropriate credit or disclosure.
Data privacy and confidentiality	Avoid entering sensitive personal information, proprietary business data, or confidential details into AI tools. Understand what data the AI collects and how it may be stored or used.
Bias awareness	AI systems can reflect and amplify biases present in their training data. Critically evaluate AI outputs for stereotypes, unfair assumptions, or skewed perspectives, particularly in hiring, grading, or decision-making contexts.
Intellectual property and copyright	AI-generated content may inadvertently reproduce copyrighted material, and ownership of AI outputs can be legally ambiguous. Understand the implications before using AI content commercially or academically.
Over-reliance and skill development	Using AI as a shortcut can undermine learning and skill-building. Balance AI assistance with opportunities to develop your own critical thinking, writing, and problem-solving abilities.
Environmental impact	AI systems require significant computing power and energy. Consider whether AI use is necessary for a task or whether simpler, less resource-intensive approaches would suffice.
Accountability and human oversight	Humans remain responsible for decisions made with AI assistance. Don't defer judgment entirely to AI—maintain oversight, especially for consequential choices affecting people's grades, employment, health, or safety.

10 Common Work Environments

Office environment	Traditional indoor workspaces with desks, computers, and meeting rooms; often involves administrative, professional, or corporate roles with regular business hours.
Remote/virtual environment	Working from home or any location with internet access; requires self-discipline, digital communication skills, and the ability to collaborate across distances.
Hybrid environment	A blend of in-office and remote work, typically splitting time between company facilities and home; requires flexibility and strong communication across both settings.
Outdoor/field environment	Working primarily outside in varying weather conditions; common in agriculture, construction, environmental science, landscaping, and surveying.
Healthcare/clinical environment	Hospitals, clinics, dental offices, or care facilities with strict hygiene protocols, patient interaction, and often shift-based schedules.
Industrial/manufacturing environment	Factories, plants, or warehouses involving machinery, production lines, and physical labor; often requires safety training and protective equipment.
Laboratory environment	Controlled settings for scientific research, testing, or development; requires precision, safety protocols, and technical expertise in fields like science, engineering, or healthcare.
Retail/customer service environment	Stores, restaurants, or service centers with direct public interaction; involves varied hours, standing, and strong interpersonal skills.
Creative/studio environment	Spaces designed for artistic, media, or design work such as photography studios, architecture firms, advertising agencies, or production sets.
Mobile/travel-based environment	Roles requiring frequent movement or travel, such as sales representatives, transportation workers, consultants, or flight crews; demands adaptability and comfort with changing locations.

Career Rating Matrix

Rate each career on a scale of 1–5 based on how well it matches your preferences (1 = Poor Match, 5 = Excellent Match)

Rating Scale: 1 = Does not meet my needs | 2 = Below my expectations | 3 = Meets some needs | 4 = Meets most needs | 5 = Ideal match

Career	Salary	Schedule	Environment	Growth	Lifestyle	Total Score	Notes
	Pay/earning potential	Hours, flexibility, shifts	Workplace setting	Advancement opportunities	Work-life balance		
Software Developer							
Registered Nurse							
Marketing Manager							
Electrician							
Financial Analyst							
Graphic Designer							
Physical Therapist							
Data Scientist							
Construction Manager							
Teacher							

Reflection Questions

1. Which career scored highest? Does this surprise you?
2. Which factor (salary, schedule, environment, growth, lifestyle) matters most to you? Why?
3. Are there careers you want to learn more about based on your ratings?
4. What steps could you take to explore your top-rated careers further?

What is the STAR Method?

The STAR method is a structured way to answer behavioral interview questions—questions that ask you to describe how you handled a past situation. Using STAR helps you give clear, complete, and compelling answers.

S — Situation	Set the scene. Describe the context, background, and relevant details. When and where did this happen? What was going on?
T — Task	Explain your responsibility. What were you asked to do? What goal were you trying to achieve? What problem needed solving?
A — Action	Describe what YOU did. Focus on your specific steps, decisions, and skills—not what your team did. This is the most important part!
R — Result	Share the outcome. What happened because of your actions? Use numbers when possible. What did you learn?

Example STAR Response

Interview Question: “Tell me about a time you solved a problem.”

Situation	“At my summer job at a retail store, we frequently had long checkout lines during weekend rushes.”
Task	“My manager asked me to find ways to reduce customer wait times.”
Action	“I suggested opening a dedicated express lane for small purchases and created a simple sign-up system so cashiers could call for backup during peak hours.”
Result	“Wait times dropped by about 40%, customer complaints decreased, and my manager implemented the system permanently.”

Tips for Strong STAR Responses

- Keep it concise — aim for 1-2 minutes when speaking
- Focus on YOUR actions, not what “we” did as a team
- Use specific numbers and results when possible (percentages, time saved, money earned)
- Prepare 3-5 stories that can be adapted to different questions
- Practice out loud so your answers sound natural

STAR Method Practice Worksheet

Use this worksheet to prepare your own STAR stories. Think about experiences from school, work, volunteering, sports, clubs, or other activities.

Practice Question: _____

S — Situation

T — Task

A — Action

R — Result

Common Behavioral Interview Questions to Practice

1. Tell me about a time you worked on a team.
2. Describe a situation where you had to meet a deadline.
3. Give an example of a time you showed leadership.
4. Tell me about a challenge you overcame.
5. Describe a time you had a conflict with someone and how you resolved it.
6. Give an example of when you went above and beyond.
7. Tell me about a time you made a mistake and what you learned from it.
8. Describe a situation where you had to adapt to change.

6-Step Problem-Solving Framework

Step 1 Identify the Problem

Clearly define what's wrong. Be specific — what is actually happening versus what you want to happen? Avoid vague descriptions. Write it as a single statement.

Example: "I'm failing my math class" → "I scored below 70% on my last three math tests."

Step 2 Analyze the Cause

Dig into why the problem exists. Ask "why" multiple times to get to the root cause. Consider all factors — your actions, circumstances, resources, and other people involved.

- When did this start?
- What changed?
- What's contributing to the problem?
- What have I tried so far?

Step 3 Brainstorm Solutions

Generate as many possible solutions as you can — don't judge them yet. Think creatively and consider options you might normally dismiss. Aim for at least 3-5 different approaches.

Tip: Ask yourself "What would I tell a friend to do?" or "What's one small thing I could try?"

Step 4 Evaluate and Choose

Review each solution by considering:

- Is it realistic for me?
- What resources or help do I need?
- What are the pros and cons?
- How quickly could I see results?

Select the solution (or combination) most likely to work given your situation.

Step 5 Take Action

Create a simple plan with specific steps and deadlines. Break larger solutions into smaller, manageable tasks. Identify your first action and do it.

Your plan should answer: What will I do? When will I do it? What do I need?

Step 6 Reflect and Adjust

After taking action, evaluate the results. Did it work? What went well? What didn't? If the problem isn't solved, return to an earlier step — try a different solution or redefine the problem based on what you learned.

Appendix B | Models for Lesson Implementation

This sample lesson model is designed to provide educators with a clear, practical example of how to effectively deliver instruction within any module. It serves as a guide to support consistent implementation, highlight best practices, and illustrate how lesson components come together to create an engaging and structured learning experience.

Module 1: Welcome to Career Exploration

Session 1.1: Introduction to Career Exploration

Teacher Script: *"Welcome to this year's career exploration! This is an exciting year where you'll discover what careers interest you most and explore all the different types of work people do. Today we'll take your first Interest Assessment to understand what kinds of activities and subjects you enjoy. This assessment will help guide your exploration throughout the year as you learn about all career areas, or clusters. Let's start discovering what makes you excited about the future!"*

- Complete Interest Assessment in My Tracker (~25 min)
- Interest Discovery Circle: Draw a circle and divide it into 4 sections. In each section, draw or write: 1) Something you love doing at home, 2) Your favorite school subject, 3) An activity that makes you happy, 4) Something you're good at. Look at your circle and write one career that might use any of these things. (~12 min)

Session 1.2: Understanding Your Interest Results

Teacher Script: *"Now that you've completed your Interest Assessment, let's explore what your results mean and how they connect to different careers. Understanding your interests is the first step in career exploration – it helps you focus on careers that you're more likely to enjoy and find meaningful."*

- Review Interest Assessment results and begin exploring careers in top clusters (~30 min)
- Interest Connections: Look at your top clusters and write 3 careers that might fall under that cluster. Write one sentence about why each career sounds interesting or not interesting to you (~7 min)

Session 1.3: Setting Career Exploration Goals

Teacher Script: *"Now that you understand your interests and know you'll be exploring all career clusters this year, it's important to set goals for your career exploration journey. Setting clear goals helps you stay focused and motivated as you learn about yourself and different careers. Today we'll learn about goal setting and create specific goals for this year's career exploration experience."*

- Goal Setting FlexLesson (~30 min)
- My Career Exploration Goals: Write 3 goals for this year using this format: "By the end of this year, I will ____." Examples: "By the end of this year, I will know which 3 career clusters interest me most" or "By the end of this year, I will understand what skills I need to develop." Circle the goal that excites you most (~7 min)

Session 1.4: Understanding How You Learn Best

Teacher Script: “Everyone learns differently, and understanding your own learning is important for career exploration and future success. Some people learn best by seeing information, others by hearing it, and others by doing hands-on activities. Today we’ll discover your individual learning preference and think about how different careers use different types of learning and skills.”

- Individual Learning FlexLesson (~25 min)
- Learning Connections: After discovering your learning preferences, write 3 ways you learn best (like reading, listening, or doing activities). Then think of 3 careers where people might use your learning preferences and write one sentence about how each career uses learning (~12 min)

Session 1.5: Introduction to Career Clusters

Teacher Script: “Now that you understand your interests, learning preferences, and goals, it’s time to explore all career clusters! Career clusters are groups of similar careers that use related skills and knowledge. For example, all health careers are in the Healthcare & Human Services cluster, and all computer careers are in the Digital Technology cluster. Today we’ll learn about all career clusters and start planning your exploration journey.”

- Career Cluster Sorting and Exploration: Look at these career examples and match each job to its correct cluster: Teacher (Education), Nurse & Social Worker (Healthcare & Human Services), Police Officer & Government Worker (Public Service & Safety), Chef (Hospitality, Events & Tourism), Artist (Arts, Entertainment, & Design), Farmer (Agriculture), Builder & Factory Worker (Advanced Manufacturing), Banker (Financial Services), Computer Programmer (Digital Technology), Store Manager (Management & Entrepreneurship), Truck Driver (Supply Chain & Transportation), Energy Technician (Energy & Natural). Write the cluster name next to each job, then for each cluster, add one more career you can think of that belongs in that same group (~20 min)
- My Top 5 Career Clusters: Circle the 5 clusters from your sorting activity that sound most interesting. Rank them from #1 (most interesting) to #5, then write one sentence explaining why your #1 choice appeals to you most (~17 min)